



Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment)



RATING ROADMAP

September 2011

CAREER ROADMAP

Seaman Recruit to Master Chief Roadmaps

The educational roadmap below will assist Sailors in the Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) ABE community through the process of pursuing professional development and advanced education using various military and civilian resources e.g. PQS program; SMART Transcript; NKO (E-Learning); Navy College; etc. Successful leadership is the key to military readiness and will always require a high degree of technical skill, professional knowledge, and intellectual development.

What is a Career Roadmap for Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment)?

Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) roadmaps are just what the name implies - a roadmap through the Enlisted Learning and Development Continuum from Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) Airman Recruit through Aviation Boatswain's Mate Master Chief. The principal focus is to standardize a program Navy wide by featuring the existing skills of Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) necessary to be successful in the Navy. The ultimate goal of a roadmap is to produce a functional and competent Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment).

What is the Enlisted Learning and Development Continuum?

Enlisted Learning and Development Continuum is the formal title given to the curriculum and process building on the foundation of Sailorization beginning in our Delayed Entry Program through Recruit Training Command and throughout your entire career. The continuum combines skill training, professional education, well-rounded assignments, and voluntary education. As you progress through your career, early-on skill training diminishes while professional military education gradually increases. Experience is the ever-present constant determining the rate at which a Sailor trades skill training for professional development.

Do Sailors have to follow the Roadmap?

Yes. The Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) roadmap includes the four areas encompassed by the Continuum in Professional Military Education to include; Navy Professional Military Education, Joint Professional Education, Leadership and Advanced Education.

Some training and education is mandatory (Recruit Training, Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) "A" School at the NATTC Pensacola, FL., NKO (E-Learning, etc...)). Some may be directed by your chain of command (Microsoft Excel and PowerPoint courses), and the remainder is voluntary (NKO, E-Learning, college courses, etc.). Sailors are advised to seek out mentors, including your Command Master Chief, Senior Enlisted Advisor, Leading Chief Petty Officer, Leading Petty Officer and Command Career Counselor, and to make use of your Base Navy College or Education Office vast resources. All are uniquely qualified to help you along the way.



United States Navy Ethos

We are the United States Navy, our Nation's sea power – ready guardians of peace, victorious in war.

We are professional Sailors and Civilians – a diverse and agile force exemplifying the highest standards of service to our Nation, at home and abroad, at sea and ashore.

Integrity is the foundation of our conduct; respect for others is fundamental to our character; decisive leadership is crucial to our success.

We are a team, disciplined and well-prepared, committed to mission accomplishment. We do not waver in our dedication and accountability to our Shipmates and families.

We are patriots, forged by the Navy's core values of Honor, Courage and Commitment. In times of war and peace, our actions reflect our proud heritage and tradition.

We defend our Nation and prevail in the face of adversity with strength, determination, and dignity.

We are the United States Navy.



I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world.

I proudly serve my country's Navy combat team with Honor, Courage and Commitment.

I am committed to excellence and the fair treatment of all.



ABE Career Milestones



Aviation Boatswain's Mates – (Launch and Recovery Equipment) play a major role in launching and recovering naval aircraft from land (Naval Air Stations) or ships (CV/CVN). Duties include: Maintaining and performing organizational maintenance on hydraulic and steam catapults, barricades, arresting gear, and arresting gear engines; operating catapult launch and arresting consoles, fire panels, water brakes, blast deflectors and cooling panels.

| YEARS OF SERVICE | CAREER MILESTONE | AVERAGE TIME TO PROMOTE | SEA/SHORE FLOW | TRAINING | TYPICAL CAREER PATH DEVELOPMENT |
|------------------|-----------------------|--------------------------|----------------|--|--|
| 26-30 | ABCM | 23.5 Yrs | 36 | <p>COURSES/SCHOOL: Catapults "C" School, Arresting Gear "C" School, ALRE Maint Tech.</p> <p>PQS: Collateral Duties (Master): - Active in or leading command's community service efforts. The CMC may have various CPO's assisting the coordination of programs such as warfare qualification and indoctrination.</p> <p>Advanced Education (Master): - Navy College Program</p> | 4 th Shore Tour (36 Months) Follow-on Shore Tours |
| 23-26 | ABCM ABECS | 23.5 Yrs 19.9 | 48 | <p>COURSES/SCHOOL: Catapults "C" School, Arresting Gear "C" School, ALRE Maint Tech.</p> <p>PQS: Collateral Duties (Master): - Active in or leading command's community service efforts. The CMC may have various CPO's assisting the coordination of programs such as warfare qualification and indoctrination.</p> <p>Advanced Education (Master): - Navy College Program</p> | 4 th Sea Tour (48 Months) Billet: Maint LCPO/Dept LCPO/CMC Duty: CVN |
| 20-23 | ABCM ABECS ABEC | 23.5 Yrs 19.9 14.6 | 36 | <p>COURSES/SCHOOL: Catapults "C" School, Arresting Gear "C" School, ALRE Maint Tech.</p> <p>PQS: Collateral Duties (Master): - Active in or leading command's community service efforts. The CMC may have various CPO's assisting the coordination of programs such as warfare qualification and indoctrination.</p> <p>Advanced Education (Master): - Navy College Program</p> | 3 rd Shore Tour (36 Months) Billet: Field Support LCPO/ Inspector/ Staff/ Recruiter Duty: TYCOM/NAS/NATT C/NRDC |
| 16-20 | ABECS ABEC ABE1 | 19.9 Yrs 14.6 8.9 | 48 36 60 | <p>COURSES/SCHOOL: (MASTER) Catapults "C" School, Arresting Gear "C" School, ALRE Maint Tech.</p> <p>(JOURNEYMAN) ALRE CAT Refresher, ALRE QA Admin, ALRE CAT Basic, ALRE A/G.</p> <p>PQS: Collateral Duties (Master): Active in or leading command's community service efforts. The CMC may have various CPO's assisting the coordination of programs such as warfare qualification and indoctrination.</p> <p>Collateral Duties (Journeyman): Collateral duties should be at departmental and command levels, especially those with high visibility and the leadership responsibilities that prepare the Sailor for senior enlist ranks, such as Command Career Counselor, Training Team Member (DCTT, ATT, CSTT, etc...).</p> <p>Advanced Education (Master): Navy College Program.</p> <p>Advanced Education (Journeyman):</p> | 3 rd Sea Tour (48 Months) Billet: Div or Dept LCPO/Maint Sup/ QA Duty: (LCPO NAVLEAD) CVN |

| | | | | | |
|-------|-----------------------|-------------------------|----|--|---|
| | | | | Enrollment in college program and working toward Bachelor's Degree requirements, if desired. | |
| 12-16 | ABECS ABEC ABE1 | 19.9 Yrs 14.6 8.9 | | <p>COURSES/SCHOOL: (MASTER) Catapults "C" School, Arresting Gear "C" School, ALRE Maint Tech.</p> <p>(JOURNEYMAN) ALRE CAT Refresher, ALRE QA Admin, ALRE CAT Basic, ALRE A/G.</p> <p>PQS: Collateral Duties (Master): Active in or leading command's community service efforts. The CMC may have various CPO's assisting the coordination of programs such as warfare qualification and indoctrination.</p> <p>Collateral Duties (Journeyman): Collateral duties should be at departmental and command levels, especially those with high visibility and the leadership responsibilities that prepare the Sailor for senior enliste ranks, such as Command Career Counselor, Training Team Member (DCTT, ATT, CSST, etc...).</p> <p>Advanced Education (Master): Navy College Program.</p> <p>Advanced Education (Journeyman): Enrollment in college program and working toward Bachelor's Degree requirements, if desired.</p> | 2 nd Shore Tour (36 Months) Billet: Prod Sup/ Instructor/ LPO/ Recruiter/ Recruit Company CDR Duty: (LPO NAVLEAD)/ NAS / SIMA / NATTC / NRC / RTC or ABE C school |
| 8-12 | ABEC ABE1 ABE2 | 14.6 Yrs 8.9 4.7 | | <p>COURSES/SCHOOL: MASTER) Catapults "C" School, Arresting Gear "C" School, ALRE Maint Tech.</p> <p>(JOURNEYMAN) ALRE CAT Refresher, ALRE QA Admin, ALRE CAT Basic, ALRE A/G.</p> <p>PQS: Catapult Center Deck Operator, Holdback Operator, JBD Safety Observer, JBD Operator, Topside Petty Officer, Deck Edge Operator, Central Charging Panel Operator, Catapult Safety Observer, Integrated Catapult Control Station Operator, Steam Catapult Captain.</p> <p>Collateral Duties (Journeyman): Collateral duties should be at departmental and command levels, especially those with high visibility and the leadership responsibilities that prepare the Sailor for senior enliste ranks, such as Command Career Counselor, Training Team Member (DCTT, ATT, CSST, etc...).</p> <p>Advanced Education (Journeyman): Enrollment in college program and working toward Bachelor's Degree requirements, if desired.</p> | 2 nd Sea Tour (60 Months) Quals: Requalify ESWS/ EAWS Billet: Catapult or Arresting Gear Maint Crew /LPO / Catapult Captain Duty: CVN |
| 4-8 | ABE1 ABE2 ABE3 | 8.9 Yrs 4.7 2.6 | 36 | <p>COURSES/SCHOOL: ALRE CAT Refresher, ALRE QA Admin, ALRE CAT Basic, ALRE A/G.</p> <p>PQS: (Catapult) Catapult Center Deck Operator, Holdback Operator, JBD Safety Observer, JBD Operator, Topside Petty Officer, Deck Edge Operator, Central Charging Panel Operator, Catapult Safety Observer, Integrated Catapult Control Station Operator, Steam Catapult Captain.</p> <p>(Arresting Gear) Deck Edge Operator, Topside Petty Officer, Pri-fly Controller, Arresting Petty Officer</p> | 1 st Shore Tour (36 Months) Billet: Arresting Gear or Launch & Recovery Maint Tech / General Duty / Recruiter Duty: NAS / SIMA / NATTC / NRC / RTC or ABE C school |

| | | | | | |
|-------------------------|---|--------------------------------|-----------------------|---|---|
| | | | | <p>Collateral Duties (Journeyman): Collateral duties should be at departmental and command levels, especially those with high visibility and the leadership responsibilities that prepare the Sailor for senior enlistment ranks, such as Command Career Counselor, Training Team member (DCTT, ATT, CSTT, etc...).</p> <p>Advanced Education (Journeyman): Enrollment in college program and working toward Bachelor's Degree requirements, if desired.</p> | |
| 1-4 | ABE2 ABE3 | 4.7 Yrs 2.6 | 60 | <p>COURSES/SCHOOL: ALRE CAT Refresher, ALRE QA Admin, ALRE CAT Basic, ALRE A/G.</p> <p>PQS: (Catapult) Catapult Steam Watch, Console Recorder, Water Brake Operator, Retraction and Tensioning Engine Operator, Bow Angle Safety Observer, Aircraft Weight Board Operator.</p> <p>(Arresting Gear) Sheave Damper Operator, Sheave Damper Petty Officer, Engine Operator, Engine Room Petty Officer, Deck Checker, Hook Runner.</p> <p>Collateral Duties (Journeyman): Divisional MWR Rep, Div Training PO, Div Repart Parts/Supply PO, Div PFA Rep. Collateral Duties should be varied in scope and responsibilities in leadership skill development. The Sailor should support and be involved in the command's community service projects such as Personnel Excellence Partnership, Campaign Drug-Free, etc.</p> <p>Advanced Education (Journeyman): Enrollment in the college preparation programs as well as on-base, SOCNAV, and College-at-Sea programs.</p> | 1 st Sea Tour (60 Months) Quals: EAWS / ESWS Billet: Catapult or Arresting Gear Operator Duty: CVN |
| 1+/- | Accession Training, ABEAA, ABEAN, or ABE3 | 6 Months | | <p>COURSES/SCHOOL ABE "A" School.</p> <p>Collateral Duties (Apprentice): At this stage of the career, collateral duties should support divisional and department responsibilities. An ABF3 may be ready for collateral duties described for ABF2.</p> <p>Advanced Education (Apprentice): Navy College Program enrollment. The Sailor's focus should be on high school completions, academic skill enhancement, and or ASVAB score improvement. Also, this level should be helping Sailors to improve their chances at commissioning programs, rating changes, etc...</p> | Recruit Training and all schools or training events required to be completed prior to reporting to their first operational command. |
| YEARS OF SERVICE | CAREER MILESTONE | AVERAGE TIME TO PROMOTE | SEA/SHORE FLOW | TRAINING | TYPICAL CAREER PATH DEVELOPMENT |



Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) AIRMAN RECRUIT TO AIRMAN APPRENTICE

NAME _____

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------------------------------|-----------------|----------------|---------------|----------------|
| Aviation Boatswain's Mate (E) Course | NATTC Pensacola | C-604-2012 | 24 Days | |
| | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|---|-----------------|----------------|---------------|----------------|
| Shipboard Aircraft Fire Fighting Course | Various Sites | J-495-0413 | 1 Day | |
| General Shipboard Firefighting SCBA | Various Sites | A-495-0416 | 1 Day | |
| | | | | |
| | | | | |
| | | | | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Leading Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E1/E2 (9 months time in service required for advancement to E-2 and E-3)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Bibliography for Advancement _____ Correspondence Courses _____ Catalog of Courses _____

Enlisted Advancement Exam Strategy Guide _____ Profile Sheets _____ Exam Discrepancy List _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)
Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Seaman to Admiral 21 (STA-21): _____ Medical Enlisted Commissioning Program (MECP): _____

Naval Academy: _____ Naval Academy Preparatory School (NAPS): _____ Officer Candidate School: _____

Physical Fitness Test Failure (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

Rating Conversion: _____ Navy Formal Training Schools Request ("A"/"C"etc): _____

Transfer: _____ Early Separation: _____ Career Status Bonus/Retirement Options: _____

Career Management Calendar: <https://wwwa.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 301 | | |
| 3M 302 | | |
| 3M 303 | | |
| 3M 304 | | |
| Messenger of the Watch (MOOW) | | |
| Petty Officer of the Watch (POOW) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Perform to Serve (PTS) Approval Message: _____

Selective Conversion and Reenlistment (SCORE): _____ Reserve Selective Conversion and Reenlistment (RESCORE): _____

Selective Training and Reenlistment (STAR): _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

School as a Reenlistment Incentive: _____ Career Management System (CMS/ID): _____

Medical/Dental Screening: _____ Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

Perform to Serve (PTS) FLEET RIDE:

The Command Career Counselor is your local advocate to assist you with the Perform to Serve (PTS) application process.

- All E3-E6 Sailors with less than 14 years of service must submit a PTS application, regardless of reenlistment intentions.
- Applications must be submitted no later than 12 months prior to expiration of active obligated service (EAOS) or projected rotation date (PRD) if obligated service is required, whichever occurs first.
- Sailors may submit PTS applications up to 12 months prior to EAOS/PRD. (under special circumstances)
- Applications for selected reserve (SELRES) quotas may be submitted between 12 months and 3 months prior to EAOS
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy. Sailors must choose one of the following based on their desires an qualifications:
 - Reenlist-in-Rate,
 - Reenlist-in-Rate or Convert to another rating
 - Convert to another rating (only)
 - SELRES option
- Upon completion of the monthly process, PTS results will be available to command users via PTS Monthly report section of the PTS/Fleet RIDE program.
- Additional guidance can be found in MILPERSMAN 1440-060 and NAVADMIN 352/10, see your Career Counselor

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| PTS _____ | PTS _____ | PTS _____ | Accept Orders _____ | Screening _____ |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Reverse Sponsor _____ | Obligate _____ |
| CMS/ID _____ | CMS/ID _____ | SRB _____ | Relocation (FFSC) _____ | Bonus _____ |
| Continuous Overseas Tours (COT) _____ | | | Medical/Dental _____ | |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | SRB _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!))

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____
 (Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

Academic skills _____ NCPACE _____ CLEP _____ DSST _____ TA _____ MGB _____ Post 9/11 GIB _____

E1/E2 REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------|---------------|----------------|
| Required General Military Training (GMT) | Command Delivered | | | |
| Driving for Life | NKO | CPD-DFL-01 | 5 Hours | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V8.0 | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Alcohol Aware | Command Delivered | S-501-0160 | 4 Hours | |
| PREVENT | Command Delivered | S-501-0150 | 24 Hours | |

E1/E2 REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

E1/E2 RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------------|------------------------------|----------------|----------------|
| Introductory Enlisted Professional Military Education (IEPME) | NKO | Military DON/ PME | 20 Hours Total | |
| Block 1 Introductory EPME - Introduction | NKO | IEPME-INTRO-B1 | | |
| Block 2 Introductory EPME - History and Traditions | NKO | IEPME-INTRO-B2 | | |
| Block 3 Introductory EPME - Enlisted Professionalism | NKO | IEPME-INTRO-B3 | | |
| Block 4 Introductory EPME - Policy and the Navy | NKO | IEPME-INTRO-B4 | | |
| Block 5 Introductory EPME - Planning for Operations | NKO | IEPME-INTRO-B5 | | |
| Block 6 Introductory EPME - Regional and Cultural Awareness | NKO | IEPME-INTRO-B6 | | |
| Block 7 Introductory EPME - Technology in the Maritime Domain | NKO | IEPME-INTRO-B7 | | |
| Block 8 Introductory EPME - Conclusion | NKO | IEPME-INTRO-B8 | | |
| Cultural Awareness | NKO or College Course | Foreign Language and Culture | 45 hrs | |
| Peterson's Online Academic Skills Course | | | | |
| Verbal | NKO | | | |
| Math | NKO | | | |
| Navy Reserve Fundamentals for Active Duty Course | NKO | NAVRESFOR-NRF-2.0 | 10 hours | |
| ORM All Navy Fundamentals | NKO | CPD-GMT07-011 | 1 hour | |
| Nutrition | NKO | NMHCI2107V2.1 | 1 hour | |
| Personal Financial Management | NKO | CPD-PFM-1.0 | 8 hours | |
| College/Certification Testing Programs Reviews | NKO | | | |

Courses With Recommended Reserve Points:

Click this link for an Excel file of all Navy E-Learning courses offering "RECOMMENDED" reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.**
https://file-lms-cont01.nko.navy.mil/training/Courses_With_Recommended_Reserve_Points.xls

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRF-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRF-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRF-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRF-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all Sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

JUNIOR ENLISTED COLLECTION

| Title | Completed |
|--|-----------|
| D-Day, June 6, 1944: The Climactic Battle of World War II, <i>by Stephen E. Ambrose</i> | |
| The Declaration of Independence and Other Great Documents of American History, 1775-1865 | |
| Ender’s Game, <i>by Orson Scott Card</i> | |
| Flags of Our Fathers, <i>by James Bradley</i> | |
| The Kite Runner, <i>by Khaled Hosseini</i> | |
| Life in Mr. Lincoln’s Navy, <i>by Dennis J. Ringle</i> | |
| Lincoln on Leadership, <i>by Donald T. Phillips</i> | |
| A Passage to India, <i>by E.M. Forster</i> | |
| A Sailor’s History of the U.S. Navy, <i>by Thomas J. Cutler</i> | |
| The 7 Habits of Highly Effective People, <i>by Stephen R. Covey</i> | |
| Starship Troopers, <i>by Robert A. Heinlein</i> | |
| Time Management from the Inside Out: The Foolproof Plan for Taking Control of Your Schedule and Your Life, <i>by Julie Morgenstern</i> | |

Note: Required to recite Sailor’s Creed

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain’s Mate (E) <i>NAVEDTRA 14310</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Airman <i>NAVEDTRA 14014</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Torque Tools Uses, Care and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420. 1</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| 3M Manual <i>OPNAVINST 4790.8</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Air Department Standard Operating Procedure <i>COMNAVAIRLANT/PACINST 3100.4</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.1</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.2</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.3</i> | |
| Operational and Intermediate Manual with IPB (A/C Recovery) <i>NAVAIR 51-5BBA-2.1</i> | |
| Operational and Intermediate Manual with IPB (A/C Recovery) <i>NAVAIR 51-5BBA-2.2</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear Accessories <i>NAVAIR 15-15ABF-1</i> | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) AIRMAN

NAME _____

SKILL TRAINING

(schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------------------------------|-----------------|----------------|---------------|----------------|
| Aviation Boatswain's Mate (E) Course | NATTC Pensacola | C-822-2010 | 24 Days | |
| | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|---|-----------------|----------------|---------------|----------------|
| Shipboard Aircraft Fire Fighting Course | Various Sites | J-495-0413 | 1 Day | |
| General Shipboard Firefighting SCBA | Various Sites | A-495-0416 | 1 Day | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Leading Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E3 (6 months time in service required to be eligible for advancement to E-4)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

PNA 3 times (Date Conducted): _____ Standard Score 40 or less/failed (Date Conducted): _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Bibliography for Advancement _____ Correspondence Courses _____ Catalog of Courses _____

Enlisted Advancement Exam Strategy Guide _____ Profile Sheets _____ Exam Discrepancy List _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)

Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Seaman to Admiral 21 (STA-21) _____ Medical Enlisted Commissioning Program (MECP) _____

Naval Academy _____ Naval Academy Preparatory School (NAPS) _____ Officer Candidate School _____

Physical Fitness Test Failure (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

PTS 15 months prior to EAOS (Conducted): _____ PTS 6 months if not approved (Conducted) _____

Rating Conversion _____ Navy Formal Training Schools Request ("A"/"C"etc): _____

Transfer _____ Early Separation: _____ Career Status Bonus/Retirement Options: _____

Career Management Calendar: <https://wwwa.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 301 | | |
| 3M 302 | | |
| 3M 303 | | |
| 3M 304 | | |
| Messenger of the Watch (MOOW) | | |
| Petty Officer of the Watch (POOW) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
| | | |
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Perform to Serve (PTS) Approval Message: _____

Selective Conversion and Reenlistment (SCORE): _____ Reserve Selective Conversion and Reenlistment (RESCORE: _____

Selective Training and Reenlistment (STAR): _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

School as a Reenlistment Incentive: _____ Career Management System/Interactive Detailing (CMS/ID): _____

Medical/Dental Screening: _____ Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

PERFORM-TO-SERVE (PTS) FLEET RIDE:

The Command Career Counselor is your local advocate to assist you with the Perform to Serve (PTS) application process.

- All E3-E6 Sailors with less than 14 years of service must submit a PTS application, regardless of reenlistment intentions.
- Applications must be submitted no later than 12 months prior to expiration of active obligated service (EAOS) or projected rotation date (PRD) if obligated service is required, whichever occurs first.
- Sailors may submit PTS applications up to 12 months prior to EAOS/PRD. (under special circumstances)
- Applications for selected reserve (SELRES) quotas may be submitted between 12 months and 3 months prior to EAOS
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy. Sailors must choose one of the following based on their desires an qualifications:
 - Reenlist-in-Rate,
 - Reenlist-in-Rate or Convert to another rating
 - Convert to another rating (only)
 - SELRES option
- Upon completion of the monthly process, PTS results will be available to command users via PTS Monthly report section of the PTS/Fleet RIDE program.
- Additional guidance can be found in MILPERSMAN 1440-060 and NAVADMIN 352/10, see your Career Counselor

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| PTS _____ | PTS _____ | PTS _____ | Accept Orders _____ | Screening _____ |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Reverse Sponsor _____ | Obligate _____ |
| CMS/ID _____ | CMS/ID _____ | SRB _____ | Relocation (FFSC) _____ | Bonus _____ |
| Continuous Overseas Tours (COT) _____ | | | Medical/Dental _____ | |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | SRB _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Microfiche CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!)

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____
 (Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

Academic skills _____ NCPACE _____ CLEP _____ DSST _____ TA _____ MGB _____ Post 9/11 GIB _____

E3 REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------|---------------|----------------|
| Required General Military Training (GMT) | Command Delivered | | | |
| Petty Officer Selectee Leadership Course | Command Delivered | CPPD | 20 Hours | |
| Driving for Life | NKO | CPD-DFL-01 | 5 Hours | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V8.0 | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Alcohol Aware | Command Delivered | S-501-0160 | 4 Hours | |
| PREVENT | Command Delivered | S-501-0150 | 24 Hours | |

E3 REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

E3 RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------------|------------------------------|----------------|----------------|
| Introductory Enlisted Professional Military Education (IEPME) | NKO | Military DON/ PME | 20 Hours Total | |
| Block 1 Introductory EPME - Introduction | NKO | IEPME-INTRO-B1 | | |
| Block 2 Introductory EPME - History and Traditions | NKO | IEPME-INTRO-B2 | | |
| Block 3 Introductory EPME - Enlisted Professionalism | NKO | IEPME-INTRO-B3 | | |
| Block 4 Introductory EPME - Policy and the Navy | NKO | IEPME-INTRO-B4 | | |
| Block 5 Introductory EPME - Planning for Operations | NKO | IEPME-INTRO-B5 | | |
| Block 6 Introductory EPME - Regional and Cultural Awareness | NKO | IEPME-INTRO-B6 | | |
| Block 7 Introductory EPME - Technology in the Maritime Domain | NKO | IEPME-INTRO-B7 | | |
| Block 8 Introductory EPME - Conclusion | NKO | IEPME-INTRO-B8 | | |
| Cultural Awareness | NKO or College Course | Foreign Language and Culture | 45 hrs | |
| Eng 101 | College Course | | 45 hrs | |
| Eng Reading | College Course | | 45 hrs | |
| Eng Writing | College Course | | 45 hrs | |
| Math | College Course | | 45 hrs | |
| Speech | College Course | | 45 hrs | |
| Navy Reserve Fundamentals for Active Duty Course | NKO | NAVRESFOR-NRF-2.0 | 10 hours | |
| ORM All Navy Fundamentals | NKO | CPD-GMT07-011 | 1 hour | |
| Nutrition | NKO | NMHCI2107V2.1 | 1 hour | |
| Personal Financial Management | NKO | CPD-PFM-1.0 | 8 hours | |
| College/Certification Testing Programs Reviews | NKO | | | |

Courses With Recommended Reserve Points:

Click this link for an Excel file of all Navy E-Learning courses offering “RECOMMENDED” reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.**
https://file-lms-cont01.nko.navy.mil/training/Courses_With_Recommended_Reserve_Points.xls

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRF-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRF-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRF-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRF-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

JUNIOR ENLISTED COLLECTION

| Title | Completed |
|--|-----------|
| D-Day, June 6, 1944: The Climactic Battle of World War II, <i>by Stephen E. Ambrose</i> | |
| The Declaration of Independence and Other Great Documents of American History, 1775-1865 | |
| Ender's Game, <i>by Orson Scott Card</i> | |
| Flags of Our Fathers, <i>by James Bradley</i> | |
| The Kite Runner, <i>by Khaled Hosseini</i> | |
| Life in Mr. Lincoln's Navy, <i>by Dennis J. Ringle</i> | |
| Lincoln on Leadership, <i>by Donald T. Phillips</i> | |
| A Passage to India, <i>by E.M. Forster</i> | |
| A Sailor's History of the U.S. Navy, <i>by Thomas J. Cutler</i> | |
| The 7 Habits of Highly Effective People, <i>by Stephen R. Covey</i> | |
| Starship Troopers, <i>by Robert A. Heinlein</i> | |
| Time Management from the Inside Out: The Foolproof Plan for Taking Control of Your Schedule and Your Life, <i>by Julie Morgenstern</i> | |

Note: Required to recite Sailor's Creed

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain's Mate (E) <i>NAVEDTRA 14310</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Airman <i>NAVEDTRA 14014</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Torque Tools Uses, Care and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| 3M Manual <i>OPNAVINST 4790.8</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Air Department Standard Operating Procedure <i>COMNAVAIRLANT/PACINST 3100.4</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.1</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.2</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.3</i> | |
| Operational and Intermediate Manual with IPB (A/C Recovery) <i>NAVAIR 51-5BBA-2.1</i> | |
| Operational and Intermediate Manual with IPB (A/C Recovery) <i>NAVAIR 51-5BBA-2.2</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear Accessories <i>NAVAIR 15-15ABF-1</i> | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



**Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) PETTY OFFICER
THIRD CLASS
(Apprentice/Journeyman)**

NAME _____

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------------------------------|-----------------|----------------|---------------|----------------|
| Aviation Boatswain's Mate (E) Course | NATTC Pensacola | C-822-2010 | 24 Days | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|----------------|------------------------|----------------|---------------|----------------|
| ALRE CATS REF | Norfolk / North Island | C-604-2016 | 11 Days | |
| ALRE QA ADMIN | Norfolk / North Island | C-670-2017 | 5 Days | |
| ALRE CAT BASIC | Norfolk / North Island | C-604-2024 | 10 Days | |
| ALRE A/G | Norfolk / North Island | C-604-2025 | 9 Days | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Leading Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E4 (1 year time in service required to be eligible for advancement to E-5)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

PNA 3 times (Date Conducted): _____ Standard Score 40 or less/failed (Date Conducted): _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Bibliography for Advancement _____ Correspondence Courses _____ Catalog of Courses _____

Enlisted Advancement Exam Strategy Guide _____ Profile Sheets _____ Exam Discrepancy List _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)

Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Seaman to Admiral 21 (STA-21) _____ Medical Enlisted Commissioning Program (MECP) _____

Naval Academy _____ Naval Academy Preparatory School (NAPS) _____ Officer Candidate School _____

Physical Fitness Test Failure (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

PTS 15 months prior to EAOS (Conducted): _____ PTS 6 months if not approved (Conducted) _____

Rating Conversion _____ Navy Formal Training Schools Request ("A"/"C"etc): _____

Transfer _____ Early Separation: _____ Career Status Bonus/Retirement Options: _____

Career Management Calendar: <https://wwwa.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

RECORD REVIEW CHECK LIST

Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This is a great opportunity to meet with your Mentor, Leading Petty Officer or Leading Chief Petty Officer to understand the importance of keeping your record up-to-date. Check the following three major sections to verify your Official Record:

a) **BUPERS Online** BUPERS Online (<https://www.bol.navy.mil>) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your;

1) **Official Military Personnel File (OMPF)**: All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.

2) **If Deployed**: Click on “**Request Record on CD**” to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.

3) Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on <https://www.bol.navy.mil> click on “ODC, OSR, PSR, ESR” link

b) **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (<https://nsips.nmci.navy.mil>) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.

c) **Electronic Training Jacket (ETJ)** Log-on to Navy Knowledge Online (NKO) and review your entire ETJ making sure that each section is correct. If not click on “Data Problems” on bottom of each page which will guide you on how to make corrections or updates.

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 301 | | |
| 3M 302 | | |
| 3M 303 | | |
| 3M 304 | | |
| Messenger of the Watch (MOOW) | | |
| Petty Officer of the Watch (POOW) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Perform to Serve (PTS) Approval Message: _____

Selective Conversion and Reenlistment (SCORE): _____ Reserve Selective Conversion and Reenlistment (RESCORE): _____

Selective Training and Reenlistment (STAR): _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

School as a Reenlistment Incentive: _____ Career Management System/Interactive Detailing (CMS/ID): _____

Medical/Dental Screening: _____ Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

PERFORM-TO-SERVE (PTS) FLEET RIDE:

The Command Career Counselor is your local advocate to assist you with the Perform to Serve (PTS) application process.

- All E3-E6 Sailors with less than 14 years of service must submit a PTS application, regardless of reenlistment intentions.
- Applications must be submitted no later than 12 months prior to expiration of active obligated service (EAOS) or projected rotation date (PRD) if obligated service is required, whichever occurs first.
- Sailors may submit PTS applications up to 12 months prior to EAOS/PRD. (under special circumstances)
- Applications for selected reserve (SELRES) quotas may be submitted between 12 months and 3 months prior to EAOS
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy. Sailors must choose one of the following based on their desires an qualifications:
 - Reenlist-in-Rate,
 - Reenlist-in-Rate or Convert to another rating
 - Convert to another rating (only)
 - SELRES option
- Upon completion of the monthly process, PTS results will be available to command users via PTS Monthly report section of the PTS/Fleet RIDE program.
- Additional guidance can be found in MILPERSMAN 1440-060 and NAVADMIN 352/10, see your Career Counselor

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| PTS _____ | PTS _____ | PTS _____ | Accept Orders _____ | Screening _____ |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Reverse Sponsor _____ | Obligate _____ |
| CMS/ID _____ | CMS/ID _____ | SRB _____ | Relocation (FFSC) _____ | Bonus _____ |
| Continuous Overseas Tours (COT) _____ | | | Medical/Dental _____ | |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | SRB _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | Request Leave / PTDY _____ | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor’s general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!))

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____
 (Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:

Center for Personal and Professional Development

Attn: Virtual Education Center

1905 Regulus Avenue, Ste. 234

Virginia Beach VA 23461-2009

Phone: 1-877-838-1659

Comm: 757-492-4684

FAX: 757-492-5095

DSN: 492-4684

Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

Academic skills _____ NCPACE _____ CLEP _____ DSST _____ TA _____ MGB _____ Post 9/11 GIB _____

E4 REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------------|---------------|----------------|
| Required General Military Training (GMT) | Command Delivered | | | |
| Driving for Life | NKO | CPD-DFL-01 | 5 Hours | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V8.0 | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US / US DON | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 / DON | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Petty Officer Second Class Selectee Leadership Course- Phase One | Command Delivered | CPPD | 20 Hours | |
| Petty Officer Second Class Selectee Leadership Course- Phase One | Command Delivered | CPPD | 20 Hours | |
| Leadership Currency Course (LCC) | Command Delivered | CPPD | 20 Hours | |
| Alcohol Aware | Command Delivered | S-501-0160 | 4 Hours | |
| PREVENT | Command Delivered | S-501-0150 | 24 Hours | |

E4 REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

E4 RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------------|------------------------------|----------------|----------------|
| Introductory Enlisted Professional Military Education (IEPME) | NKO | Military DON/ PME | 20 Hours Total | |
| Block 1 Introductory EPME - Introduction | NKO | IEPME-INTRO-B1 | | |
| Block 2 Introductory EPME - History and Traditions | NKO | IEPME-INTRO-B2 | | |
| Block 3 Introductory EPME - Enlisted Professionalism | NKO | IEPME-INTRO-B3 | | |
| Block 4 Introductory EPME - Policy and the Navy | NKO | IEPME-INTRO-B4 | | |
| Block 5 Introductory EPME - Planning for Operations | NKO | IEPME-INTRO-B5 | | |
| Block 6 Introductory EPME - Regional and Cultural Awareness | NKO | IEPME-INTRO-B6 | | |
| Block 7 Introductory EPME - Technology in the Maritime Domain | NKO | IEPME-INTRO-B7 | | |
| Block 8 Introductory EPME - Conclusion | NKO | IEPME-INTRO-B8 | | |
| Cultural Awareness | NKO or College Course | Foreign Language and Culture | 45 hrs | |
| Eng 101 | College Course | | 45 hrs | |
| Eng Reading | College Course | | 45 hrs | |
| Eng Writing | College Course | | 45 hrs | |
| Math | College Course | | 45 hrs | |
| Speech | College Course | | 45 hrs | |
| Navy Reserve Fundamentals for Active Duty Course | NKO | NAVRESFOR-NRF-2.0 | 10 hours | |
| ORM All Navy Fundamentals | NKO | CPD-GMT07-011 | 1 hour | |
| Nutrition | NKO | NMHCI2107V2.1 | 1 hour | |
| Personal Financial Management | NKO | CPD-PFM-1.0 | 8 hours | |
| College/Certification Testing Programs Reviews | NKO | | | |

Courses With Recommended Reserve Points:

Click this link for an Excel file of all Navy E-Learning courses offering “RECOMMENDED” reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7.

Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.

https://file-lms-cont01.nko.navy.mil/training/Courses_With_Recommended_Reserve_Points.xls

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRF-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRF-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRF-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRF-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME COURSES:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

JUNIOR ENLISTED COLLECTION

| Title | Completed |
|--|-----------|
| D-Day, June 6, 1944: The Climactic Battle of World War II, <i>by Stephen E. Ambrose</i> | |
| The Declaration of Independence and Other Great Documents of American History, 1775-1865 | |
| Ender's Game, <i>by Orson Scott Card</i> | |
| Flags of Our Fathers, <i>by James Bradley</i> | |
| The Kite Runner, <i>by Khaled Hosseini</i> | |
| Life in Mr. Lincoln's Navy, <i>by Dennis J. Ringle</i> | |
| Lincoln on Leadership, <i>by Donald T. Phillips</i> | |
| A Passage to India, <i>by E.M. Forster</i> | |
| A Sailor's History of the U.S. Navy, <i>by Thomas J. Cutler</i> | |
| The 7 Habits of Highly Effective People, <i>by Stephen R. Covey</i> | |
| Starship Troopers, <i>by Robert A. Heinlein</i> | |
| Time Management from the Inside Out: The Foolproof Plan for Taking Control of Your Schedule and Your Life, <i>by Julie Morgenstern</i> | |

Note: Required to recite Sailor's Creed

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain's Mate (E) <i>NAVEDTRA 14310</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Airman <i>NAVEDTRA 14014</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Torque Tools Uses, Care and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| 3M Manual <i>OPNAVINST 4790.8</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Air Department Standard Operating Procedure <i>COMNAVAIRLANT/PACINST 3100.4</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.1</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.2</i> | |
| Operational and Intermediate Manual with IPB (Steam Cat) <i>NAVAIR 51-15ABB-4.3</i> | |
| Operational and Intermediate Manual with IPB (A/C Recovery) <i>NAVAIR 51-5BBA-2.1</i> | |
| Operational and Intermediate Manual with IPB (A/C Recovery) <i>NAVAIR 51-5BBA-2.2</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear Accessories <i>NAVAIR 15-15ABF-1</i> | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



**Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) PETTY OFFICER
SECOND CLASS
(Journeyman)**

NAME _____

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|----------------|------------------------|----------------|---------------|----------------|
| ALRE CATS REF | Norfolk / North Island | C-604-2016 | 11 Days | |
| ALRE QA ADMIN | Norfolk / North Island | C-670-2017 | 5 Days | |
| ALRE CAT BASIC | Norfolk / North Island | C-604-2024 | 10 Days | |
| ALRE A/G | Norfolk / North Island | C-604-2025 | 9 Days | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|---|-----------------|----------------|---------------|----------------|
| CATAPULTS "C" SCHOOL (7004) | Lakehurst | C-604-2014 | 30 Days | |
| ARRESTING GEAR "C" SCHOOL (7005) | Lakehurst | C-604-2029 | 24 Days | |
| ALRE Maintenance Tech "C" School (7006) | Lakehurst | C-604-2028 | 78 Days | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Leading Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E5 (3 Years time in service required to be eligible for advancement to E-6)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

PNA 3 times (Date Conducted): _____ Standard Score 40 or less/failed (Date Conducted): _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Bibliography for Advancement _____ Correspondence Courses _____ Catalog of Courses _____

Enlisted Advancement Exam Strategy Guide _____ Profile Sheets _____ Exam Discrepancy List _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)

Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Seaman to Admiral 21 (STA-21) _____ Medical Enlisted Commissioning Program (MECP) _____

Naval Academy _____ Naval Academy Preparatory School (NAPS) _____ Officer Candidate School _____

Physical Fitness Test Failure (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

PTS 15 months prior to EAOS (Conducted): _____ PTS 6 months if not approved (Conducted) _____

Rating Conversion _____ Navy Formal Training Schools Request ("A"/"C"etc): _____

Transfer _____ Early Separation: _____ Career Status Bonus/Retirement Options: _____

Career Management Calendar: <https://wwwa.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

RECORD REVIEW CHECK LIST

Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This is a great opportunity to meet with your Mentor, Leading Petty Officer or Leading Chief Petty Officer to understand the importance of keeping your record up-to-date. Check the following three major sections to verify your Official Record:

a) **BUPERS Online** BUPERS Online (<https://www.bol.navy.mil>) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your;

1) **Official Military Personnel File (OMPF)**: All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.

2) **If Deployed**: Click on “**Request Record on CD**” to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.

3) Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on <https://www.bol.navy.mil> click on “ODC, OSR, PSR, ESR” link

b) **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (<https://nsips.nmci.navy.mil>) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.

c) **Electronic Training Jacket (ETJ)** Log-on to Navy Knowledge Online (NKO) and review your entire ETJ making sure that each section is correct. If not click on “Data Problems” on bottom of each page which will guide you on how to make corrections or updates.

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 301 | | |
| 3M 302 | | |
| 3M 303 | | |
| 3M 304 | | |
| Messenger of the Watch (MOOW) | | |
| Petty Officer of the Watch (POOW) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Perform to Serve (PTS) Approval Message: _____

Selective Conversion and Reenlistment (SCORE): _____ Reserve Selective Conversion and Reenlistment (RESCORE): _____

Selective Training and Reenlistment (STAR): _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

School as a Reenlistment Incentive: _____ Career Management System/Interactive Detailing (CMS/ID): _____

Medical/Dental Screening: _____ Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

PERFORM-TO-SERVE (PTS) FLEET RIDE:

The Command Career Counselor is your local advocate to assist you with the Perform to Serve (PTS) application process.

- All E3-E6 Sailors with less than 14 years of service must submit a PTS application, regardless of reenlistment intentions.
- Applications must be submitted no later than 12 months prior to expiration of active obligated service (EAOS) or projected rotation date (PRD) if obligated service is required, whichever occurs first.
- Sailors may submit PTS applications up to 12 months prior to EAOS/PRD. (under special circumstances)
- Applications for selected reserve (SELRES) quotas may be submitted between 12 months and 3 months prior to EAOS
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy. Sailors must choose one of the following based on their desires an qualifications:
 - Reenlist-in-Rate,
 - Reenlist-in-Rate or Convert to another rating
 - Convert to another rating (only)
 - SELRES option
- Upon completion of the monthly process, PTS results will be available to command users via PTS Monthly report section of the PTS/Fleet RIDE program.
- Additional guidance can be found in MILPERSMAN 1440-060 and NAVADMIN 352/10, see your Career Counselor

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| PTS _____ | PTS _____ | PTS _____ | Accept Orders _____ | Screening _____ |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Reverse Sponsor _____ | Obligate _____ |
| CMS/ID _____ | CMS/ID _____ | SRB _____ | Relocation (FFSC) _____ | Bonus _____ |
| Continuous Overseas Tours (COT) _____ | | | Medical/Dental _____ | |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | SRB _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor’s general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!))

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

(Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

Academic skills _____ NCPACE _____ CLEP _____ DSST _____ TA _____ MGIB _____ Post 9/11 GIB _____

E5 REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------------|--------------------|----------------|
| Required General Military Training (GMT) | Command Delivered | | | |
| Driving for Life | NKO | CPD-DFL-01 / US | 5 Hours | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V5.0 / DOD | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US / US DON | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 / DON | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Petty Officer First Class Selectee Leadership Course-Phase One | Command Delivered | CPPD-LEAD09-003 | 3 x 4 Hour Modules | |
| Petty Officer First Class Selectee Leadership Course-Phase Two | Command Delivered | CPPD-LEAD09-003 | 5 x 2 Hour Modules | |
| Leadership Currency Course (LCC) | Command Delivered | | 20 Hours | |
| ADAMS for Supervisors | Various Locations | S-501-0120 | 8 Hours | |

E5 REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

E5 RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-----------------------|------------------------------|----------------|----------------|
| Basic Enlisted Professional Military Education (IEPME) | NKO | Military DON/ PME | 20 Hours Total | |
| Block 1 Basic EPME - Introduction | NKO | EPME-BASIC-B1 | | |
| Block 2 Basic EPME - Navy History and Heritage | NKO | EPME-BASIC-B2 | | |
| Block 3 Basic EPME - The Navy Professional | NKO | EPME-BASIC-B3 | | |
| Block 4 Basic EPME - Organization and Guidance | NKO | EPME-BASIC-B4 | | |
| Block 5 Basic EPME - Planning | NKO | EPME-BASIC-B5 | | |
| Block 6 Basic EPME - Regional Expertise and Cultural Awareness | NKO | EPME-BASIC-B6 | | |
| Block 7 Basic EPME - Technology for the Warfighter | NKO | EPME-BASIC-B7 | | |
| Block 8 Basic EPME - Conclusion | NKO | EPME-BASIC-B8 | | |
| Navy Reserve Fundamentals for Active Duty Course | NKO | NAVRESFOR-NRF-2.0 | 10 hours | |
| Nutrition | NKO | NMHCI2107V2.1 | 1 hour | |
| ORM All Navy Fundamentals | NKO | CPD-GMT07-011 | 1 hour | |
| College/Certification Testing Programs Reviews | NKO | | | |
| Culture | NKO or College Course | Foreign Language and Culture | 45 hrs | |
| Communication | College Course | | 45 hrs | |
| Eng 101 | College Course | | 45 hrs | |
| Eng Reading | College Course | | 45 hrs | |
| Eng Writing | College Course | | 45 hrs | |
| Geography | College Course | | 45 hrs | |
| History | College Course | | 45 hrs | |
| Humanities | College Course | | 45 hrs | |
| Language and Literature Study Guides | College Course | | 45 hrs | |
| Math | College Course | | 45 hrs | |
| Physical Sciences | College Course | | 45 hrs | |
| Social Sciences | College Course | | 45 hrs | |
| Speech | College Course | | 45 hrs | |
| Lean Six Sigma White Belt Course | NKO | NETC-LSSWB-1.0 | 3 hours | |

Courses With Recommended Reserve Points:

Click this link for an Excel file of all Navy E-Learning courses offering “RECOMMENDED” reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.**
<https://file-lms-cont01.nko.navy.mil/training/Courses With Recommended Reserve Points.xls>

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRFC-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRFC-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRFC-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRFC-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/Pages/RateRank/Junior%20Enlisted2.htm>

LEADING PETTY OFFICERS COLLECTION

| Title | Completed |
|--|-----------|
| American Government, <i>by Robert A. Heineman, Steven A. Peterson, and Thomas H. Rasmussen</i> | |
| Billy Budd and Other Stories, <i>by Herman Melville</i> | |
| The Caine Mutiny, <i>by Herman Wouk</i> | |
| The Crisis of Islam: Holy War and Unholy Terror, <i>by Bernard Lewis</i> | |
| The Last Stand of the Tin Can Sailors: The Extraordinary World War II Story of the U.S. Navy's Finest Hour, <i>by James D. Hornfischer</i> | |
| Not a Good Day to Die: The Untold Story of Operation Anaconda, <i>by Sean Naylor</i> | |
| Shackleton's Way: Leadership Lessons From the Great Antarctic Explorer, <i>by Margot Morrell and Stephanie Capparell</i> | |
| The Sheriff: America's Defense of the New World Order, <i>by Colin S. Gray</i> | |
| The Tipping Point: How Little Things Can Make a Big Difference, <i>by Malcolm Gladwell</i> | |
| To the Shores of Tripoli: The Birth of the U.S. Navy and Marines, <i>by A.B.C. Whipple</i> | |
| Victory at Yorktown: The Campaign That Won the American Revolution, <i>by Richard M. Ketchum</i> | |
| D-Day, June 6, 1944 The Climactic Battle of World War II, <i>by Stephen E. Ambrose</i> | |
| The Elephant and the Dragon, <i>by Robyn Meredith</i> | |

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain's Mate (E) PQS <i>NAVEDTRA 14310</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Torque Tools Uses, Care, and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| U.S. Navy Family Care Policy, Basic Instruction <i>OPNAVINST 1740.4</i> | |
| SAVI <i>OPNAVINST 1752.1</i> | |
| Drug and Alcohol Abuse Prevention and Control <i>OPNAVINST 2530.4</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| Naval Aviation Maintenance Program (NAMP) <i>OPNAVINST 4790.2</i> | |
| 3M MANUAL <i>OPNAVINST 4790.8</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Hazardous Material <i>OPNAVINST P-45-110-91</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Naval Occupational Safety and Health Manual <i>OPNAVINST 5100.23 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Navy and Marine Corps Tobacco Policy <i>SECNAVINST 5100.3</i> | |
| Department of the Navy Policy on Sexual Harassment <i>SECNAVINST 5300.26</i> | |
| Dual Channel Capacity Selector Valve System <i>NAVAIR 51-15ABE-1</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear and Accessories <i>NAVAIR 15-15ABF-1</i> | |
| Intermediate Maintenance Manual w/IPB for all Shipboard CA <i>NAVAIR 51-15ABB-4.1;4.2;4.3</i> | |
| Overhaul Instructions for all Shipboard Steam CAT (DEPOT) <i>NAVAIR 51-15ABD-2</i> | |
| Operational and Organizational/Intermediate Maintenance Manual <i>NAVAIR 51-5-BBA-2.1</i> | |
| Intermediate Maintenance Manual w/ IPB for Shipboard REC <i>NAVAIR 51-5-BBA-2.2</i> | |
| Maintenance and Overhaul Instructions MK 7 MOD 3 <i>NAVAIR 51-5BCA-1.1</i> | |
| Illustrated Parts Breakdown (IPB) for MK7 MOD3 A/G <i>NAVAIR 51-5BCA-1.2</i> | |
| IPB for Nose Gear Launch Equipment MARK 2 MOD 0 <i>NAVAIR 51-25-19</i> | |
| IPB for JBD, MK7 MOD 0, MK7 MOD1, MK7 MOD2 <i>NAVAIR 51-70-3</i> | |
| DECK GEAR <i>Service Bulletins 0-12</i> | |
| Cat Control Station Operation IPB CVN 68-75 <i>NAVAIR 51-15-ABC-4</i> | |
| Naval Air Systems Command Technical Manual Program <i>NAVAIR 00-25-100</i> | |
| Naval Air Systems Command Technical Directive System <i>NAVAIR 00-25-300</i> | |
| Corrosion Control for Shipboard Launch and Recovery Systems <i>NAVAIR 51-5-32</i> | |
| CV NATOPS <i>NAVAIR 00-80T-105</i> | |
| Ground Support Equipment Cleaning and Corrosion Control <i>NAVAIR 17-1-125</i> | |
| Aircraft Launch and Recovery Operations Manual <i>COMNAVAIRLANT/PACINST 13800</i> | |
| Air Department Standard Operating Procedures (SOP) <i>COMNAVAIRLANT/PACINST 3100.4</i> | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Department of the Navy Correspondence Manual (SECNAV M-5216.5 (Series)
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Naval Performance Evaluation System BUPERSINST 1610.10 (Series)
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



**Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) PETTY OFFICER
FIRST CLASS
(Journeyman)**

NAME _____

SKILL TRAINING

(schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|-------------------------------------|------------------------|----------------|---------------|----------------|
| ALRE CATS REF | Norfolk / North Island | C-604-2016 | 11 Days | |
| ALRE QA ADMIN | Norfolk / North Island | C-670-2017 | 5 Days | |
| ALRE CAT BASIC | Norfolk / North Island | C-604-2024 | 10 Days | |
| ALRE A/G | NATTC Pensacola | C-604-2025 | 9 Days | |
| General Shipboard Firefighting SCBA | Various Sites | A-495-0416 | 1 Day | |
| Advanced Shipboard Fire Fighter | Various Sites | V-4N-0001 | 1 Days | |
| 3M Work Center Supervisor | | PQS NAVEDTRA | | |
| Repair Parts Petty Officer | | PQS NAVEDTRA | | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|---|-----------------|----------------|---------------|----------------|
| CATAPULTS "C" SCHOOL (7004) | Lakehurst | C-604-2014 | 30 Days | |
| ARRESTING GEAR "C" SCHOOL (7005) | Lakehurst | C-604-2029 | 24 Days | |
| ALRE Maintenance Tech "C" School (7006) | Lakehurst | C-604-2028 | 78 Days | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Leading Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E6 (3 Years time in service required to be eligible for advancement to E-7)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

PNA 3 times (Date Conducted): _____ Standard Score 40 or less/failed (Date Conducted): _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Correspondence Courses _____ Catalog of Courses _____

Enlisted Advancement Exam Strategy Guide _____ Profile Sheets _____ Exam Discrepancy List _____

Selection Board Ineligible (Conducted): _____ Non Select 3 times (Conducted): _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)

Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Seaman to Admiral 21 (STA-21) _____ Medical Enlisted Commissioning Program (MECP) _____

Officer Candidate School _____ Limited Duty Officer _____

Physical Fitness Test Failure (Conducted): _____ Career Status Bonus (election message received) (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

PTS 15 months prior to EAOS (Conducted): _____ PTS 6 months if not approved (Conducted) _____

Rating Conversion _____ Navy Formal Training Schools Request ("A"/"C" etc): _____

Transfer _____ Early Separation: _____ Fleet Reserve Retirement Options: _____

Career Management Calendar: <https://www.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

SELECTION BOARD CHECK LIST FOR E6 PROMOTION TO CPO

Step 1 – Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a) **BUPERS Online** BUPERS Online (<https://www.bol.navy.mil>) is your main tool for board preparation and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1) Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2) **If Deployed:** Click on “**Request Record on CD**” to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3) Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on <https://www.bol.navy.mil> click on “ODC, OSR, PSR, ESR” link
- b) **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (<https://nsips.nmci.navy.mil>) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c) **Electronic Training Jacket (ETJ)** Log-on to Navy Knowledge Online (NKO) and review your entire ETJ making sure that each section is correct. If not click on “Data Problems” on bottom of each page which will guide you on how to make corrections or updates.

Step 2 – Submit appropriate missing documents to the selection board.

- a) Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b) For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 1. All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 2. Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be postmarked not later than that date listed in the associated NAVADMIN and addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER
PRESIDENT
FY-XX **ACTIVE/RESERVE** E7 ENLISTED SELECTION BOARD #**XXX**
5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 360 / SELRES = 335 / FTS = 336)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c) Ensure official record reflects any individual augmentation mission. (awards, evals, NEC, etc).
- d) Check (<http://www.npc.navy.mil/Boards/ActiveDutyEnlisted/GeneralInformation.htm>) to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF, or if deployed, re-order your CD-Rom to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

Step 3 – After reviewing your service record – such as evaluations, awards, qualifications, etc. – start reviewing what you can do to improve yourself, such as:

- a) Request a **Career Development Board (CDB)** through your chain of command.
- b) Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct sailor support.
- c) Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses on NKO** that are recommended in this document.
- d) Check out **OTHER Learning Opportunities** to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions). NKO at Learning > Learning Opportunities

Step 4 – Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

Step 5 – Prepare for the next CPO Advancement Exam cycle in January for Active Duty & February for Reserves as soon as the Bibliography References are posted six months prior in July. Use the Navy Advancement Center info and website listed above in the advancement section.

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 301 | | |
| 3M 302 | | |
| 3M 303 | | |
| 3M 304 | | |
| Messenger of the Watch (MOOW) | | |
| Petty Officer of the Watch (POOW) | | |
| Junior Officer of the Deck (JOOD) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
| | | |
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Perform to Serve (PTS) Approval Message: _____

Selective Conversion and Reenlistment (SCORE): _____ Reserve Selective Conversion and Reenlistment (RESCORE): _____

Selective Training and Reenlistment (STAR): _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

School as a Reenlistment Incentive: _____ Career Management System (CMS/ID): _____

Medical/Dental Screening: _____ Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

PERFORM-TO-SERVE (PTS) FLEET RIDE:

The Command Career Counselor is your local advocate to assist you with the Perform to Serve (PTS) application process.

- All E3-E6 Sailors with less than 14 years of service must submit a PTS application, regardless of reenlistment intentions.
- Applications must be submitted no later than 12 months prior to expiration of active obligated service (EAOS) or projected rotation date (PRD) if obligated service is required, whichever occurs first.
- Sailors may submit PTS applications up to 12 months prior to EAOS/PRD. (under special circumstances)
- Applications for selected reserve (SELRES) quotas may be submitted between 12 months and 3 months prior to EAOS
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy. Sailors must choose one of the following based on their desires an qualifications:
 - Reenlist-in-Rate,
 - Reenlist-in-Rate or Convert to another rating
 - Convert to another rating (only)
 - SELRES option
- Upon completion of the monthly process, PTS results will be available to command users via PTS Monthly report section of the PTS/Fleet RIDE program.
- Additional guidance can be found in MILPERSMAN 1440-060 and NAVADMIN 352/10, see your Career Counselor

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| PTS _____ | PTS _____ | PTS _____ | Accept Orders _____ | Screening _____ |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Reverse Sponsor _____ | Obligate _____ |
| CMS/ID _____ | CMS/ID _____ | SRB _____ | Relocation (FFSC) _____ | Bonus _____ |
| Continuous Overseas Tours (COT) _____ | | | Medical/Dental _____ | |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | SRB _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor’s general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!))

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

(Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

Academic skills _____ NCPACE _____ CLEP _____ DSST _____ TA _____ MGIB _____ Post 9/11 GIB _____

E6 REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|--|---------------|----------------|
| Required General Military Training (GMT) | Command Delivered | Military DON/ PME | 20 Hours | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V5.0 / DOD | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | FS0406_ENG / SkillSoft Business Skills | 3 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | jkddc-tip-1 US / US DON | 4 Hours | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-CONUS-1.0 / DON | 1 Hours | |
| Fleet Business: The Navy Business and Fiscal Practices Course | NKO | CANSF-ATFP-OCONUS-1 | 1 Hours | |
| Chief Petty Officer Selectee Leadership Course | NKO | CNL-FB-1.0 / US DON | 16 Hours | |
| Leadership Currency Course (LCC) | NKO | | | |
| ADAMS for Supervisors | Command Delivered | CPPD | 30 Hours | |

E6 REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

E6 RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-----------------------|------------------------------|----------------|----------------|
| Basic Enlisted Professional Military Education (IEPME) | NKO | Military DON/ PME | 20 Hours Total | |
| Block 1 Basic EPME - Introduction | NKO | EPME-BASIC-B1 | | |
| Block 2 Basic EPME - Navy History and Heritage | NKO | EPME-BASIC-B2 | | |
| Block 3 Basic EPME - The Navy Professional | NKO | EPME-BASIC-B3 | | |
| Block 4 Basic EPME - Organization and Guidance | NKO | EPME-BASIC-B4 | | |
| Block 5 Basic EPME - Planning | NKO | EPME-BASIC-B5 | | |
| Block 6 Basic EPME - Regional Expertise and Cultural Awareness | NKO | EPME-BASIC-B6 | | |
| Block 7 Basic EPME - Technology for the Warfighter | NKO | EPME-BASIC-B7 | | |
| Block 8 Basic EPME - Conclusion | NKO | EPME-BASIC-B8 | | |
| Navy Reserve Fundamentals for Active Duty Course | NKO | NAVRESFOR-NRF-2.0 | 10 hours | |
| Nutrition | NKO | NMHCI2107V2.1 | 1 hour | |
| College/Certification Testing Programs Reviews | NKO | | | |
| ORM All Navy Fundamentals | NKO | CPD-GMT07-011 | 1 hour | |
| Culture | NKO or College Course | Foreign Language and Culture | 45 hrs | |
| Communication | College Course | | 45 hrs | |
| Eng 101 | College Course | | 45 hrs | |
| Eng Reading | College Course | | 45 hrs | |
| Eng Writing | College Course | | 45 hrs | |
| Geography | College Course | | 45 hrs | |
| History | College Course | | 45 hrs | |
| Humanities | College Course | | 45 hrs | |
| Language and Literature Study Guides | College Course | | 45 hrs | |
| Math | College Course | | 45 hrs | |
| Physical Sciences | College Course | | 45 hrs | |
| Social Sciences | College Course | | 45 hrs | |
| Speech | College Course | | 45 hrs | |

Courses With Recommended Reserve Points:

Click this link for an Excel file of all Navy E-Learning courses offering “RECOMMENDED” reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.**

<https://file-lms-cont01.nko.navy.mil/training/Courses With Recommended Reserve Points.xls>

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|-----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRFCCOOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRFCCGMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRFCCMSC101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRFCCNPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME COURSES:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

LEADING PETTY OFFICERS COLLECTION

| Title | Completed |
|--|-----------|
| American Government, <i>by Robert A. Heineman, Steven A. Peterson, and Thomas H. Rasmussen</i> | |
| Billy Budd and Other Stories, <i>by Herman Melville</i> | |
| The Caine Mutiny, <i>by Herman Wouk</i> | |
| The Crisis of Islam: Holy War and Unholy Terror, <i>by Bernard Lewis</i> | |
| The Last Stand of the Tin Can Sailors: The Extraordinary World War II Story of the U.S. Navy's Finest Hour, <i>by James D. Hornfischer</i> | |
| Not a Good Day to Die: The Untold Story of Operation Anaconda, <i>by Sean Naylor</i> | |
| Shackleton's Way: Leadership Lessons From the Great Antarctic Explorer, <i>by Margot Morrell and Stephanie Capparell</i> | |
| The Sheriff: America's Defense of the New World Order, <i>by Colin S. Gray</i> | |
| The Tipping Point: How Little Things Can Make a Big Difference, <i>by Malcolm Gladwell</i> | |
| To the Shores of Tripoli: The Birth of the U.S. Navy and Marines, <i>by A.B.C. Whipple</i> | |
| Victory at Yorktown: The Campaign That Won the American Revolution, <i>by Richard M. Ketchum</i> | |
| D-Day, June 6, 1944 The Climactic Battle of World War II, <i>by Stephen E. Ambrose</i> | |
| The Elephant and the Dragon, <i>by Robyn Meredith</i> | |

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain's Mate (E) PQS <i>NAVEDTRA 14310</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Torque Tools Uses, Care, and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| U.S. Navy Family Care Policy, Basic Instruction <i>OPNAVINST 1740.4</i> | |
| SAVI <i>OPNAVINST 1752.1</i> | |
| Drug and Alcohol Abuse Prevention and Control <i>OPNAVINST 2530.4</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| Naval Aviation Maintenance Program (NAMP) <i>OPNAVINST 4790.2</i> | |
| 3M MANUAL <i>OPNAVINST 4790.8</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Hazardous Material <i>OPNAVINST P-45-110-91</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Naval Occupational Safety and Health Manual <i>OPNAVINST 5100.23 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Navy and Marine Corps Tobacco Policy <i>SECNAVINST 5100.3</i> | |
| Department of the Navy Policy on Sexual Harassment <i>SECNAVINST 5300.26</i> | |
| Dual Channel Capacity Selector Valve System <i>NAVAIR 51-15ABE-1</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear and Accessories <i>NAVAIR 15-15ABF-1</i> | |
| Intermediate Maintenance Manual w/IPB for all Shipboard CA <i>NAVAIR 51-15ABB-4.1;4.2;4.3</i> | |
| Overhaul Instructions for all Shipboard Steam CAT (DEPOT) <i>NAVAIR 51-15ABD-2</i> | |
| Operational and Organizational/Intermediate Maintenance Manual <i>NAVAIR 51-5-BBA-2.1</i> | |
| Intermediate Maintenance Manual w/ IPB for Shipboard REC <i>NAVAIR 51-5-BBA-2.2</i> | |
| Maintenance and Overhaul Instructions MK 7 MOD 3 <i>NAVAIR 51-5BCA-1.1</i> | |
| Illustrated Parts Breakdown (IPB) for MK7 MOD3 A/G <i>NAVAIR 51-5BCA-1.2</i> | |
| IPB for Nose Gear Launch Equipment MARK 2 MOD 0 <i>NAVAIR 51-25-19</i> | |
| IPB for JBD, MK7 MOD 0, MK7 MOD1, MK7 MOD2 <i>NAVAIR 51-70-3</i> | |
| DECK GEAR <i>Service Bulletins 0-12</i> | |
| Cat Control Station Operation IPB CVN 68-75 <i>NAVAIR 51-15-ABC-4</i> | |
| Naval Air Systems Command Technical Manual Program <i>NAVAIR 00-25-100</i> | |
| Naval Air Systems Command Technical Directive System <i>NAVAIR 00-25-300</i> | |
| Corrosion Control for Shipboard Launch and Recovery Systems <i>NAVAIR 51-5-32</i> | |
| CV NATOPS <i>NAVAIR 00-80T-105</i> | |
| Ground Support Equipment Cleaning and Corrosion Control <i>NAVAIR 17-1-125</i> | |
| Aircraft Launch and Recovery Operations Manual <i>COMNAVAIRLANT/PACINST 13800</i> | |
| Air Department Standard Operating Procedures (SOP) <i>COMNAVAIRLANT/PACINST 3100.4</i> | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirement:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Awards Manual (SECNAV 1650.1(Series))
- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Department of the Navy Correspondence Manual (SECNAV M-5216.5 (Series))
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Naval Performance Evaluation System BUPERSINST 1610.10 (Series)
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) CHIEF PETTY OFFICER (Master)

NAME _____

SKILL TRAINING

(schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|-------------------------|-----------------|----------------|---------------|----------------|
| DAPA | Various | S-501-0100 | 5 Days | |
| CMEO | Various | A-500-0009 | 5 Days | |
| CACO | Various | | | |
| ADAMS (facilitator) | Various | S-501-0110 | 3 Days | |
| Senior Enlisted Academy | Rhode Island | P-920-1300 | 40 Days | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|---|-----------------|----------------|---------------|----------------|
| Catapults "C" School (7004) | Lakehurst | C-604-2014 | 30 Days | |
| Arresting Gear "C" School (7005) | Lakehurst | C-604-2029 | 24 Days | |
| ALRE Maintenance Tech "C" School (7006) | Lakehurst | C-604-2028 | 78 Days | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

Other Opportunities: Joint Assignments, GWOT Support Assignments, Recruiter, Instructor, RDC, DAPA SARP, Career Counselor.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Command Master Chief: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E7 (3 Years time in service required to be eligible for advancement to E-8)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Correspondence Courses _____ Catalog of Courses _____

Selection Board Ineligible (Conducted): _____ Non Select 3 times (Conducted): _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)
Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Medical Enlisted Commissioning Program (MECP) _____ Officer Candidate School _____

Limited Duty Officer _____ Chief Warrant Officer _____

Physical Fitness Test Failure (Conducted): _____ Career Status Bonus (election message received) (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

Transfer _____ Early Separation: _____ Fleet Reserve Retirement Options: _____

Career Management Calendar: <https://wwwa.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

SELECTION BOARD CHECK LIST FOR CPO PROMOTION TO SCPO

Step 1 – Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a) **BUPERS Online** BUPERS Online (<https://www.bol.navy.mil>) is your main tool for board preparation and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1) Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2) **If Deployed:** Click on “**Request Record on CD**” to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3) Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on <https://www.bol.navy.mil> click on “ODC, OSR, PSR, ESR” link
- b) **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (<https://nsips.nmci.navy.mil>) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c) **Electronic Training Jacket (ETJ)** Log-on to Navy Knowledge Online (NKO) and review your entire ETJ making sure that each section is correct. If not click on “Data Problems” on bottom of each page which will guide you on how to make corrections or updates.

Step 2 – Submit appropriate missing documents to the selection board.

- a) Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b) For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 1. All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 2. Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be postmarked not later than that date listed in the associated NAVADMIN and addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER
PRESIDENT
FY-XX **ACTIVE/RESERVE** E8 ENLISTED SELECTION BOARD #XXX
5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 235 / SELRES =205 / FTS = 206)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c) Ensure official record reflects any individual augmentation mission. (awards, evals, NEC, etc).
- d) Check (<http://www.npc.navy.mil/Boards/ActiveDutyEnlisted/GeneralInformation.htm>) to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF, or if deployed, re-order your CD-Rom to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

Step 3 – After reviewing your service record – such as evaluations, awards, qualifications, etc. – start reviewing what you can do to improve yourself, such as:

- a) Request a **Career Development Board (CDB)** through your chain of command.
- b) Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct sailor support.
- c) Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **NKO** that are recommended in this document.
- d) Check out **OTHER Learning Opportunities** to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions). NKO at Learning > Learning Opportunities

Step 4 – Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 303 | | |
| 3M 304 | | |
| Section Leader | | |
| Officer of the Deck (OOD) (In Port) | | |
| Command Duty Officer (CDO) | | |
| Junior Officer of the Deck (JOOD) (At Sea) | | |
| Officer of the Deck (OOD) (At Sea) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
| | | |
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

Career Management System/Interactive Detailing (CMS/ID): _____ Medical/Dental Screening: _____

Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Accept Orders _____ | Screening _____ |
| CMS/ID _____ | CMS/ID _____ | | Reverse Sponsor _____ | Obligate _____ |
| Continuous Overseas Tours (COT) _____ | | | Relocation (FFSC) _____ | Bonus _____ |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | Medical/Dental _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor’s general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC)!!!)

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

(Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

NCPACE _____ CLEP _____ DSST _____ TA _____ MGIB _____ Post 9/11 GIB _____

CPO REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------|---------------|----------------|
| Required General Military Training (GMT) | Command Delivered | | | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V5.0 | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Fleet Business: The Navy Business and Fiscal Practices Course | NKO | CNL-FB-1.0 | 16 Hours | |
| Chief Mess Training (CMT/LCC) | Command Delivered | | Each Month | |
| ADAMS for Supervisors | Various Locations | S-501-0120 | 8 Hours | |

CPO REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

CPO RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-----------------------|------------------------------|---------------|----------------|
| Primary Enlisted Professional Military Education (PEPME) | NKO | Military DON/ PME | 20 Hours | |
| Primary Professional Military Education (Enlisted) Block 1 - Introduction | NKO | PPME-SENL-B1.v2 | | |
| Primary Professional Military Education (Enlisted) Block 2 - The Culture of the Navy | NKO | PPME-SENL-B2.v2 | | |
| Primary Professional Military Education (Enlisted) Block 3 - Governance of the Navy | NKO | PPME-SENL-B3.v2 | | |
| Primary Professional Military Education (Enlisted) Block 4 - How the Navy Thinks About War | NKO | PPME-SENL-B4.v2 | | |
| Primary Professional Military Education (Enlisted) Block 5 - How the Navy Plans its Operations | NKO | PPME-SENL-B5.v2 | | |
| Primary Professional Military Education (Enlisted) Block 6 - Technology in the Maritime Domain | NKO | PPME-SENL-B6.v2 | | |
| Primary Professional Military Education (Enlisted) Block 7 - PME Conclusion | NKO | PPME-SENL-B7.v2 | | |
| Joint Professional Military Education (JPME) | War College | Military DON/ PME | 40 Hours | |
| Senior Enlisted Academy (resident) or (blended) | Newport RI | | 6 or 2 weeks | |
| Senior Enlisted Leadership Development Guide Culture | NKO | | | |
| | NKO or College Course | Foreign Language and Culture | 45 hrs | |

Courses With Recommended Reserve Points:

Click this link for an Excel file of all Navy E-Learning courses offering “RECOMMENDED” reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.**
https://file-lms-cont01.nko.navy.mil/training/Courses_With_Recommended_Reserve_Points.xls

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRFC-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRFC-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRFC-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRFC-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM: The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

DIVISION LEADERS COLLECTION

| Title | Completed |
|--|-----------|
| Freakonomics: A Rogue Economist Explores the Hidden Side of Everything, <i>by Steven D. Levitt and Stephen J. Dubner</i> | |
| The Golden Thirteen: Recollections of the First Black Naval Officers, <i>edited by Paul Stillwell; foreword by Colin L. Powell</i> | |
| The Good Shepherd, <i>by C.S. Forester</i> | |
| The Innovator's Dilemma: the Revolutionary Book That Will Change the Way You Do Business, <i>by Clayton M. Christensen</i> | |
| Longitude: The True Story of a Lone Genius Who Solved the Greatest Scientific Problem of His Time, <i>by Dava Sobel</i> | |
| On the Origins of War: And the Preservation of Peace, <i>by Donald Kagan</i> | |
| Recognizing Islam: Religion and Society in the Modern Middle East, <i>by Michael Gilson</i> | |
| The Savage Wars of Peace: Small Wars and the Rise of American Power, <i>by Max Boot</i> | |
| Shield and Sword: The United States Navy in the Persian Gulf War, <i>by Edward J. Marolda and Robert J. Schneller Jr.</i> | |
| Two Souls Indivisible: The Friendship That Saved Two POWs in Vietnam, <i>by James S. Hirsch</i> | |
| White-Jacket: or, The World in a Man-of-War, <i>by Herman Melville</i> | |
| The World is Flat: A Brief History of the Twenty-first Century, <i>by Thomas L. Friedman</i> | |

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain's Mate (E) PQS <i>NAVEDTRA 14310</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Torque Tools Uses, Care, and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| U.S. Navy Family Care Policy, Basic Instruction <i>OPNAVINST 1740.4</i> | |
| SAVI <i>OPNAVINST 1752.1</i> | |
| Drug and Alcohol Abuse Prevention and Control <i>OPNAVINST 2530.4</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| Naval Aviation Maintenance Program (NAMP) <i>OPNAVINST 4790.2</i> | |
| 3M MANUAL <i>OPNAVINST 4790.8</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Hazardous Material <i>OPNAVINST P-45-110-91</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Naval Occupational Safety and Health Manual <i>OPNAVINST 5100.23 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Navy and Marine Corps Tobacco Policy <i>SECNAVINST 5100.3</i> | |
| Department of the Navy Policy on Sexual Harassment <i>SECNAVINST 5300.26</i> | |
| Dual Channel Capacity Selector Valve System <i>NAVAIR 51-15ABE-1</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear and Accessories <i>NAVAIR 15-15ABF-1</i> | |
| Intermediate Maintenance Manual w/IPB for all Shipboard CA <i>NAVAIR 51-15ABB-4.1;4.2;4.3</i> | |
| Overhaul Instructions for all Shipboard Steam CAT (DEPOT) <i>NAVAIR 51-15ABD-2</i> | |
| Operational and Organizational/Intermediate Maintenance Manual <i>NAVAIR 51-5-BBA-2.1</i> | |

| | | |
|---|------------------------------|--|
| Intermediate Maintenance Manual w/ IPB for Shipboard REC | NAVAIR 51-5-BBA-2.2 | |
| Maintenance and Overhaul Instructions MK 7 MOD 3 | NAVAIR 51-5BCA-1.1 | |
| Illustrated Parts Breakdown (IPB) for MK7 MOD3 A/G | NAVAIR 51-5BCA-1.2 | |
| IPB for Nose Gear Launch Equipment MARK 2 MOD 0 | NAVAIR 51-25-19 | |
| IPB for JBD, MK7 MOD 0, MK7 MOD1, MK7 MOD2 | NAVAIR 51-70-3 | |
| DECK GEAR | Service Bulletins 0-12 | |
| Cat Control Station Operation IPB CVN 68-75 | NAVAIR 51-15-ABC-4 | |
| Naval Air Systems Command Technical Manual Program | NAVAIR 00-25-100 | |
| Naval Air Systems Command Technical Directive System | NAVAIR 00-25-300 | |
| Corrosion Control for Shipboard Launch and Recovery Systems | NAVAIR 51-5-32 | |
| CV NATOPS | NAVAIR 00-80T-105 | |
| Ground Support Equipment Cleaning and Corrosion Control | NAVAIR 17-1-125 | |
| Aircraft Launch and Recovery Operations Manual | COMNAVAIRLANT/PACINST 13800 | |
| Air Department Standard Operating Procedures (SOP) | COMNAVAIRLANT/PACINST 3100.4 | |
| Aviation Boatswain's Mate (E) PQS | NAVEDTRA 14310 | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Awards Manual (SECNAV 1650.1(Series))
- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Department of the Navy Correspondence Manual (SECNAV M-5216.5 (Series))
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Naval Performance Evaluation System BUPERSINST 1610.10 (Series)
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



**Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) SENIOR CHIEF
(Master)**

NAME _____

SKILL TRAINING

(schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|-------------------------|-----------------|----------------|---------------|----------------|
| DAPA | Various | S-501-0100 | 5 Days | |
| CMEO | Various | A-500-0009 | 5 Days | |
| CACCO | Various | | | |
| ADAMS (facilitator) | Various | S-501-0110 | 3 Days | |
| Senior Enlisted Academy | Rhode Island | P-920-1300 | 40 Days | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|---|-----------------|----------------|---------------|----------------|
| CATAPULTS "C" SCHOOL (7004) | Lakehurst | C-604-2014 | 30 Days | |
| ARRESTING GEAR "C" SCHOOL (7005) | Lakehurst | C-604-2029 | 24 Days | |
| ALRE Maintenance Tech "C" School (7006) | Lakehurst | C-604-2028 | 78 Days | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

Other Opportunities: Command Senior Chief, Joint Assignments, GWOT Support Assignments, Recruiter, Instructor, RDC, DAPA SARP, Career Counselor, 3M Coordinator.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Command Master Chief: _____ Phone Number: _____

Leading Chief Petty Officer: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____
PAYGRADE E8 (3 Years time in service required to be eligible for advancement to E-9)

Date Advanced: _____ Eligible Advancement Date: _____ Number of times up: _____ HYT Date: _____

Security Clearance Level _____ Date Last updated: _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

Advancement Center: Visit NKO Navy Advancement page located under the Career Management Tab

Correspondence Courses _____ Catalog of Courses _____

Selection Board Ineligible (Conducted): _____ Non Select 3 times (Conducted): _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)
Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Medical Enlisted Commissioning Program (MECP) _____ Limited Duty Officer _____ Chief Warrant Officer _____

Physical Fitness Test Failure (Conducted): _____ Career Status Bonus (election message received) (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

Transfer _____ Early Separation: _____ Fleet Reserve Retirement Options: _____

Career Management Calendar: <https://www.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

SELECTION BOARD CHECK LIST FOR SCPO PROMOTION TO MCPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a) **BUPERS Online** BUPERS Online (<https://www.bol.navy.mil>) is your main tool for board preparation and helps you to be proactive in making the most of your promotion opportunity. You should review your;
 - 1) **Official Military Personnel File (OMPF):** All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2) **If Deployed:** Click on “**Request Record on CD**” to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3) Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on <https://www.bol.navy.mil> click on “ODC, OSR, PSR, ESR” link
- b) **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (<https://nsips.nmci.navy.mil>) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c) **Electronic Training Jacket (ETJ)** Log-on to Navy Knowledge Online (NKO) and review your entire ETJ making sure that each section is correct. If not click on "Data Problems" on bottom of each page which will guide you on how to make corrections or updates.

Step 2 – Submit appropriate missing documents to the selection board.

- a) Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b) For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 1. All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 2. Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be postmarked not later than that date listed in the associated NAVADMIN and addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER
PRESIDENT
FY-XX **ACTIVE/RESERVE** E9 ENLISTED SELECTION BOARD #XXX
5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 210 / SELRES =205 / FTS = 206)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c) Ensure official record reflects any individual augmentation mission. (awards, evals, NEC, etc).
- d) Check (<http://www.npc.navy.mil/Boards/ActiveDutyEnlisted/GeneralInformation.htm>) to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF, or if deployed, re-order your CD-Rom to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- a) Request a **Career Development Board (CDB)** through your chain of command.
- b) Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct sailor support.
- c) Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **NKO** that are recommended in this document.
- d) Check out **OTHER Learning Opportunities** to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions). NKO at Learning > Learning Opportunities

Step 4 - Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 303 | | |
| 3M 304 | | |
| Section Leader | | |
| Officer of the Deck (OOD) (In Port) | | |
| Command Duty Officer (CDO) | | |
| Junior Officer of the Deck (JOOD) | | |
| Officer of the Deck (OOD) (At Sea) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |
| | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
| | | |
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CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

Career Management System/Interactive Detailing (CMS/ID): _____

Medical/Dental Screening: _____ Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Accept Orders _____ | Screening _____ |
| CMS/ID _____ | CMS/ID _____ | | Reverse Sponsor _____ | Obligate _____ |
| Continuous Overseas Tours (COT) _____ | | | Relocation (FFSC) _____ | Bonus _____ |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | Medical/Dental _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor’s general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!))

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

(Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

NCPACE _____ CLEP _____ DSST _____ TA _____ MGIB _____ Post 9/11 GIB _____

SCPO REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------|---------------|----------------|
| Required General Military Training (GMT) | NKO | | | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V5.0 | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Fleet Business: The Navy Business and Fiscal Practices Course | NKO | CNL-FB-1.0 | 16 Hours | |
| Chief Mess Training (CMT/LCC) | Command Delivered | | Each Month | |
| ADAMS for Supervisors | Various Locations | S-501-0120 | 8 Hours | |

SCPO REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

SCPO RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-----------------------|------------------------------|---------------|----------------|
| Primary Enlisted Professional Military Education (PEPME) | NKO | Military DON/ PME | 20 Hours | |
| Primary Professional Military Education (Enlisted) Block 1 - Introduction | NKO | PPME-SENL-B1.v2 | | |
| Primary Professional Military Education (Enlisted) Block 2 - The Culture of the Navy | NKO | PPME-SENL-B2.v2 | | |
| Primary Professional Military Education (Enlisted) Block 3 - Governance of the Navy | NKO | PPME-SENL-B3.v2 | | |
| Primary Professional Military Education (Enlisted) Block 4 - How the Navy Thinks About War | NKO | PPME-SENL-B4.v2 | | |
| Primary Professional Military Education (Enlisted) Block 5 - How the Navy Plans its Operations | NKO | PPME-SENL-B5.v2 | | |
| Primary Professional Military Education (Enlisted) Block 6 - Technology in the Maritime Domain | NKO | PPME-SENL-B6.v2 | | |
| Primary Professional Military Education (Enlisted) Block 7 - PME Conclusion | NKO | PPME-SENL-B7.v2 | | |
| Joint Professional Military Education (JPME) | War College | Military DON/ PME | 40 Hours | |
| Senior Enlisted Academy (resident) or (blended) | Newport RI | | 6 or 2 weeks | |
| Senior Enlisted Leadership Development Guide Culture | NKO | | | |
| | NKO or College Course | Foreign Language and Culture | 45 hrs | |

Courses With Recommended Reserve Points

Click this link for an Excel file of all Navy E-Learning courses offering "RECOMMENDED" reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.**
https://ile-lms-cont01.nko.navy.mil/training/Courses_With_Recommended_Reserve_Points.xls

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRFC-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRFC-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRFC-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRFC-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

DEPARTMENT/COMMAND LEADERS COLLECTION

| Title | Completed |
|---|-----------|
| The Cruel Sea, by <i>Nicholas Monsarrat</i> | |
| Eagle Against the Sun: The American War With Japan, by <i>Ronald Spector</i> | |
| Execution: The Discipline of Getting Things Done, by <i>Larry Bossidy and Ram Charan</i> | |
| The Fate of Africa: From the Hopes of Freedom to the Heart of Despair, by <i>Martin Meredith</i> | |
| From Beirut to Jerusalem, by <i>Thomas L. Friedman</i> | |
| Imperial Grunts: The American Military on the Ground, by <i>Robert D. Kaplan</i> | |
| Implementing Diversity: Best Practices for Making Diversity Work in Your Organization, by <i>Marilyn Loden</i> | |
| Jefferson's War: America's First War on Terror, 1801-1805, by <i>Joseph Wheelan</i> | |
| Leadership: The Warrior's Art, edited by <i>Christopher Kolenda</i> ; foreword by <i>General Barry R. McCaffrey, USA (Ret.)</i> | |
| Master and Commander, by <i>Patrick O'Brian</i> | |
| One Hundred Years of Sea Power: The U.S. Navy, 1890-1990, by <i>George W. Baer</i> | |
| Thinking in Time: The Uses of History for Decision Makers, by <i>Richard E. Neustadt and Ernest R.</i> | |

RECOMMENDED COMMUNITY READING

| Title | Completed |
|---|-----------|
| Aviation Boatswain's Mate (E) PQS <i>NAVEDTRA 14310</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Torque Tools Uses, Care, and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| U.S. Navy Family Care Policy, Basic Instruction <i>OPNAVINST 1740.4</i> | |
| SAVI <i>OPNAVINST 1752.1</i> | |
| Drug and Alcohol Abuse Prevention and Control <i>OPNAVINST 2530.4</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| Naval Aviation Maintenance Program (NAMP) <i>OPNAVINST 4790.2</i> | |
| 3M MANUAL <i>OPNAVINST 4790.8</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Hazardous Material <i>OPNAVINST P-45-110-91</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Naval Occupational Safety and Health Manual <i>OPNAVINST 5100.23 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Navy and Marine Corps Tobacco Policy <i>SECNAVINST 5100.3</i> | |
| Department of the Navy Policy on Sexual Harassment <i>SECNAVINST 5300.26</i> | |
| Dual Channel Capacity Selector Valve System <i>NAVAIR 51-15ABE-1</i> | |
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear and Accessories <i>NAVAIR 15-15ABF-1</i> | |
| Intermediate Maintenance Manual w/IPB for all Shipboard CA <i>NAVAIR 51-15ABB-4.1;4.2;4.3</i> | |
| Overhaul Instructions for all Shipboard Steam CAT (DEPOT) <i>NAVAIR 51-15ABD-2</i> | |

| | | |
|--|------------------------------|--|
| Operational and Organizational/Intermediate Maintenance Manual | NAVAIR 51-5-BBA-2.1 | |
| Intermediate Maintenance Manual w/ IPB for Shipboard REC | NAVAIR 51-5-BBA-2.2 | |
| Maintenance and Overhaul Instructions MK 7 MOD 3 | NAVAIR 51-5BCA-1.1 | |
| Illustrated Parts Breakdown (IPB) for MK7 MOD3 A/G | NAVAIR 51-5BCA-1.2 | |
| IPB for Nose Gear Launch Equipment MARK 2 MOD 0 | NAVAIR 51-25-19 | |
| IPB for JBD, MK7 MOD 0, MK7 MOD1, MK7 MOD2 | NAVAIR 51-70-3 | |
| DECK GEAR | Service Bulletins 0-12 | |
| Cat Control Station Operation IPB CVN 68-75 | NAVAIR 51-15-ABC-4 | |
| Naval Air Systems Command Technical Manual Program | NAVAIR 00-25-100 | |
| Naval Air Systems Command Technical Directive System | NAVAIR 00-25-300 | |
| Corrosion Control for Shipboard Launch and Recovery Systems | NAVAIR 51-5-32 | |
| CV NATOPS | NAVAIR 00-80T-105 | |
| Ground Support Equipment Cleaning and Corrosion Control | NAVAIR 17-1-125 | |
| Aircraft Launch and Recovery Operations Manual | COMNAVAIRLANT/PACINST 13800 | |
| Air Department Standard Operating Procedures (SOP) | COMNAVAIRLANT/PACINST 3100.4 | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Awards Manual (SECNAV 1650.1(Series))
- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Department of the Navy Correspondence Manual (SECNAV M-5216.5 (Series))
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Naval Performance Evaluation System BUPERSINST 1610.10 (Series)
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



**Aviation Boatswain's Mate (Aircraft Launch and Recovery Equipment) MASTER CHIEF
(Master)**

NAME _____

SKILL TRAINING

(schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None. | | | | |

RECOMMENDED SKILL TRAINING

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|-------------------------|-----------------|----------------|---------------|----------------|
| Naval War College | Rhode Island | A-9B-2001 | | |
| DAPA | Various | S-501-0100 | 5 Days | |
| CMEO | Various | A-500-0009 | 5 Days | |
| EOA | Various | A-500-0061 | 22 Days | |
| CACO | Various | | | |
| Senior Enlisted Academy | Rhode Island | P-920-1300 | 40 Days | |

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

| Course Title | Course Location | CIN/CSE/ACE ID | Course Length | Date Completed |
|--------------|-----------------|----------------|---------------|----------------|
| None | | | | |

JOB DESCRIPTION

Aviation Boatswain's Mates (Launching and Recovery Equipment) (ABE) operate, maintain, and perform maintenance on steam catapults, barricades, arresting gear, and associated equipment ashore and afloat; operate catapult hydraulic systems, retraction engines, water brakes, jet blast deflectors, Integrated Catapult Control Stations (ICCS), and jet blast deflector control panels; arresting gear engines, sheave dampers, deck-edge control stations, and associated equipment; perform aircraft handling duties related to the operation of aircraft launching and recovery equipment.

RECOMMENDED BILLET ASSIGNMENTS

Most of the work in this rating is performed outdoors on the deck of aircraft carriers, in all climatic conditions, in fast-paced and often potentially hazardous environments. AB's work closely with others in aviation ratings.

Other Opportunities: Command Master Chief, Joint Assignments, GWOT Support Assignments, Recruiter, Instructor, RDC, DAPA, SARP, Career Counselor, 3-M Coordinator, CMEO/EOA

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 30 day Career Development Board)

Command Address: _____ QD Phone Number: _____

Division Officer: _____ Phone Number: _____

Command Master Chief: _____ Phone Number: _____

Sponsor/Mentor: _____ Phone Number: _____

Depart/Division Career Counselor: _____ Phone Number: _____

ADSD: _____ REPORT DATE: _____ EAOS: _____ PRD: _____ SEA / SHORE: ____/____

HYT Date _____ Security Clearance Level _____ Date Last updated _____ Command INDOC complete _____

CAREER DEVELOPMENT BOARDS: Use with OPNAVINST 1040.11(series) & Career Counselor Handbook
Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)

Reporting (within 30 days for active duty or three drill weekends for SELRES) (Date Conducted): _____

6 month progress check (Date Conducted): _____ 12 Months _____ 24 Months _____

36 Months _____ 48 Months _____ 60 Months _____ Special Program/Member Request _____

Correspondence Courses _____ Catalog of Courses _____

Commissioning Programs Applications (Conducted): _____ (prior to submission, command endorsement)
Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):

Medical Enlisted Commissioning Program (MECP) _____ Limited Duty Officer _____ Chief Warrant Officer _____

Physical Fitness Test Failure (Conducted): _____ Career Status Bonus (election message received) (Conducted): _____

HYT 24 months (Date): _____ HYT 12 months (Date): _____ HYT Waiver Date: _____ Approve/Disapprove

Transfer _____ Early Separation: _____ Fleet Reserve Retirement Options: _____

Career Management Calendar: <https://wwwa.nko.navy.mil/portal/careermanagement/home/careermanagementcalendar>

QUALIFICATIONS AND CERTIFICATIONS

| Sea/Shore General Qualifications Watch Standing Qualifications | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---|--------------------|---|
| Ship Board Fire Fighting | | |
| Aviation Fire Fighting | | |
| General Damage Control | | |
| Advanced Damage Control | | |
| 3M 303 | | |
| 3M 304 | | |
| Section Leader | | |
| Officer of the Deck (OOD) (In Port) | | |
| Command Duty Officer (CDO) | | |
| Junior Officer of the Deck (JOOD) | | |
| Officer of the Deck (OOD) (At Sea) | | |
| Personal Qualifications Standard | | |

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

| Warfare qualification programs | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|---------------------------------------|--------------------|---|
| Aviation Warfare Specialist | | |
| Surface Warfare Specialist | | |
| Expeditionary Warfare | | |

| Rate Specific/Department Qualifications (Add) | Report Date | Completion Date (If qualification is not required place N/A in this Block) |
|--|--------------------|---|
| | | |
| | | |
| | | |
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| | | |
| | | |

CERTIFICATIONS

The following civilian occupations are similar to the Aviation Boatswain's Mate (Aircraft launch and recovery equipment) Rating. For more information about these occupations, visit NAVY COOL at <https://www.cool.navy.mil>.

| Occupation |
|---|
| Administrative Service Managers |
| Aircraft Structure, Surfaces, Rigging, and Systems Assemblers |
| Airfield Operations Specialists |
| Elevator Installers and Repairers |
| First-Line Supervisors/Managers of Office and Administrative Support Workers |
| First-Line Supervisors/Managers of Transportation and Material-Moving Machine and Vehicle Operators |
| Gas Plant Operators |
| Industrial Machinery Mechanics |
| Maintenance Workers, Machinery |
| Maintenance and Repair Workers, General |
| Mobile Heavy Equipment Mechanics, Except Engines |
| Power Plant Operators |
| Production, Planning, and Expediting Clerks |
| Stationary Engineers and Boiler Operators |
| Transportation Managers |

Navy COOL: The following certifications are applicable to the ABE rating. These certifications may require additional education, training or experience.

| Target paygrade | Certifying Agency Web Site | Certification Title | Years Experience Required | Comp. date |
|-----------------|---|---|---------------------------|------------|
| E1-E3 | National Center for Aerospace & Transportation Technologies (NCATT) | Foreign Object Elimination (FOE) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Mechanic (CFPIHM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Industrial Hydraulic Technician (CFPIHT) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Mechanic (CFPPM) | 0 | |
| E1-E3 | International Fluid Power Society | Certified Fluid Power- Pneumatic Technician (CFPPT) | 0 | |
| E5 | American Society for Quality (ASQ) | Certified Quality Technician (CQT) | 4 | |
| E5 | World Safety Organization (WSO) | Certified Safety Specialist (WSO-CSS) | 4 | |

Visit Navy COOL <https://www.cool.navy.mil> for additional Credentials that you may qualify to earn; however funding may be limited to your GI bill or DANTES.

USMAP (UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM):

| | Comp. date |
|---|------------|
| Fire Fighter, Crash, Fire & Rescue (Air Trans) | |
| Fire Fighter (Any Industry) | |
| Maintenance Mechanic (Any Industry) | |
| Fuel System Maintenance Worker (Any Industry) | |
| Bulk Fuel Specialist (Pumper-Gauger) | |
| Pumper-Gauger (Chemical, Petrol, Refin, Pipe Lines) | |

STAY NAVY

REENLIST / EXTEND: Request Chit/Form: _____ Guaranteed Assignment in Detailing (GUARD 2000): _____

Career Management System/Interactive Detailing (CMS/ID): _____ Medical/Dental Screening: _____

Command Recommendation (evaluation): _____ Bonus: _____ Ceremony: _____

TRANSFER:

| | | | | |
|---|------------------|-----------------|-------------------------|------------------------|
| <u>15 Months</u> | <u>12 Months</u> | <u>9 Months</u> | <u>6 Months</u> | <u>Orders Received</u> |
| Exception Family Member _____ | EFM _____ | CMS/ID _____ | Accept Orders _____ | Screening _____ |
| CMS/ID _____ | CMS/ID _____ | | Reverse Sponsor _____ | Obligate _____ |
| Continuous Overseas Tours (COT) _____ | | | Relocation (FFSC) _____ | Bonus _____ |
| Overseas Tour Extension Incentive Program (OTEIP) _____ | | | Medical/Dental _____ | |

For additional assistance in transfer and relocation, go to: <http://www.npc.navy.mil/CareerInfo/PerformtoServe>

SEPARATING/RETIRE

| | | | |
|---------------------------|----------------------------------|----------------------------|-----------------------|
| <u>18 -12 months</u> | <u>6 months</u> | <u>90 days</u> | <u>30 days</u> |
| Attend TAP/RTAP _____ | MED/DEN _____ | Copy of Records _____ | Copy of Records _____ |
| Complete DD2648PSD _____ | Relocation _____ | Official Record CD _____ | PSD _____ |
| Transition Planning _____ | Relocation Services (FFSC) _____ | Arrange Ceremony _____ | MED/DEN _____ |
| | Reserve Affiliation _____ | Request Leave / PTDY _____ | |
| | VA/DVA _____ | | |

PROFESSIONAL MILITARY EDUCATION

(Resident and non-resident coursework designed to enhance a Sailor’s general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment VISIT YOUR NAVY COLLEGE OFFICE or call the Virtual Education Center (VEC!!!))

Education Plan Completed (Navy College Office/VEC _____) Current Education Level _____

Degree Goal _____

Various distance learning degree options are available using, Sailor and Marine Online Academic Advisor (SMOLAA)

Goal: Date: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

(Credits to earn a degree - AA/AS: 60 SH/90 QH, BA/BS: 120 SH/180, QH, Master /Doctorate: Variable based on program)

Number of current credits _____ American Council on Education (ACE) recommended credits _____

SOCNAV Agreement _____ SMART Transcripts _____ HS Transcripts _____ College Transcripts _____

Date Degree Obtained: AA/AS _____ BA/BS _____ Master _____ Doctorate _____

For entry into SMART, Send official transcripts to:
 Center for Personal and Professional Development
 Attn: Virtual Education Center
 1905 Regulus Avenue, Ste. 234
 Virginia Beach VA 23461-2009
 Phone: 1-877-838-1659
 Comm: 757-492-4684
 FAX: 757-492-5095
 DSN: 492-4684
 Email: VEC@navy.mil

VOLUNTARY EDUCATION (Study guides and exam preparations and practice test located on NKO)

NCPACE _____ CLEP _____ DSST _____ TA _____ MGIB _____ Post 9/11 GIB _____

MCPO REQUIRED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-------------------|----------------------|---------------|----------------|
| Required General Military Training (GMT) | Command Delivered | | | |
| DON/DOD Information Assurance Training | NKO | DOD-IAA-V8.0 | 1 Hour | |
| Trafficking in Persons Basic Awareness Training | NKO | jkddc-tip-1 US | 4 Hours | |
| ATFP Level I Awareness for Service Members (CONUS) | NKO | CANSF-ATFP-CONUS-1.0 | 1 Hour | |
| ATFP Level I Awareness Training for Overseas Service Member (OCONUS) | NKO | CANSF-ATFP-OCONUS-1 | 1 Hour | |
| Fleet Business: The Navy Business and Fiscal Practices Course | NKO | CNL-FB-1.0 | 2 Hours | |
| Joint Professional Military Education (JPME) | War College | Military DON/ PME | 40 Hours | |
| Senior Enlisted Academy (resident) or (blended) | Newport RI | | 6 or 2 weeks | |
| Chief’s Mess Training (CMT/LCC) | Command Delivered | | Each Month | |
| ADAMS for Supervisors | Various Locations | S-501-0120 | 8 Hours | |

MCPO REQUIRED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

MCPO RECOMMENDED NAVY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--|-----------------------|------------------------------|---------------|----------------|
| Primary Enlisted Professional Military Education (PEPME) | NKO | Military DON/ PME | 20 Hours | |
| Primary Professional Military Education (Enlisted) Block 1 - Introduction | NKO | PPME-SENL-B1.v2 | | |
| Primary Professional Military Education (Enlisted) Block 2 - The Culture of the Navy | NKO | PPME-SENL-B2.v2 | | |
| Primary Professional Military Education (Enlisted) Block 3 - Governance of the Navy | NKO | PPME-SENL-B3.v2 | | |
| Primary Professional Military Education (Enlisted) Block 4 - How the Navy Thinks About War | NKO | PPME-SENL-B4.v2 | | |
| Primary Professional Military Education (Enlisted) Block 5 - How the Navy Plans its Operations | NKO | PPME-SENL-B5.v2 | | |
| Primary Professional Military Education (Enlisted) Block 6 - Technology in the Maritime Domain | NKO | PPME-SENL-B6.v2 | | |
| Primary Professional Military Education (Enlisted) Block 7 - PME Conclusion | NKO | PPME-SENL-B7.v2 | | |
| Joint Professional Military Education (JPME) | War College | Military DON/ PME | 40 Hours | |
| Senior Enlisted Academy (resident) or (blended) | Newport RI | | 6 or 2 weeks | |
| Senior Enlisted Leadership Development Guide | NKO | | | |
| Culture | NKO or College Course | Foreign Language and Culture | 45 hrs | |

Courses With Recommended Reserve Points

Click this link for an Excel file of all Navy E-Learning courses offering "RECOMMENDED" reserve points. **NOTE:** Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy E-Learning. This listing should only be used as a guide and is subject to change by direction of CNRF N7. **Navy E-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNRF N7.**
[https://ile-lms-cont01.nko.navy.mil/training/Courses With Recommended Reserve Points.xls](https://ile-lms-cont01.nko.navy.mil/training/Courses%20With%20Recommended%20Reserve%20Points.xls)

RECOMMENDED RESERVE PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|---|-----------------|----------------------|---------------|----------------|
| NROWS Orders Administration Course | NKO | R-500-0140/02PG /DoN | 8 hours | |
| Naval Reserve Center Commanding Officer Officer In Charge | NKO | CNRFC-COOIC-1.0 /DoN | 8 hours | |
| Guidance for Mobilization | NKO | CNRFC-GMB-1.1 /DoN | 4 hours | |
| Military Sealift Command 101 | NKO | CNRFC-MS101 /DoN 1.1 | 24 hours | |
| Non-Prior Service Accession Program | NKO | CNRFC-NPSAP-2 /DoN 0 | 23 hours | |

RECOMMENDED COMMUNITY PME:

| Course Title | Course Location | CIN/CSE ID | Course Length | Date Completed |
|--------------|-----------------|------------|---------------|----------------|
| None. | | | | |

NAVY PROFESSIONAL READING PROGRAM:

The purpose of the Navy Reading Program is to facilitate the professional and personal development of all sailors, seaman to admiral, active and reserve. Simply reading for pleasure is certainly encouraged, but the NPRP will facilitate reading material that may help develop skills and abilities that can be helpful in both your professional and personal lives.

<http://www.navyreading.navy.mil/>

SENIOR LEADERS COLLECTION

| Title | Completed |
|---|-----------|
| The Art of the Long View: Planning for the Future in an Uncertain World, <i>by Peter Schwartz</i> | |
| Dying to Win: The Strategic Logic of Suicide Terrorism, <i>by Robert Pape</i> | |
| Goodbye, Darkness: A Memoir of the Pacific War, <i>by William Manchester</i> | |
| The Great Wall at Sea: China's Navy Enters the Twenty-first Century, <i>by Bernard D. Cole</i> | |
| Leadership, <i>by Rudolph W. Giuliani</i> | |
| Moneyball: The Art of Winning an Unfair Game, <i>by Michael Lewis</i> | |
| The Pursuit of Victory: The Life and Achievement of Horatio Nelson, <i>by Roger Knight, 29.</i> | |
| Rethinking the Principles of War, edited <i>by Anthony D. McIvor</i> | |
| The Rise and Fall of Strategic Planning, <i>by Henry Mintzberg</i> | |
| Scenarios: The Art of Strategic Conversation, <i>by Kees van der Heijden</i> | |
| The Second World War, Volume 1: The Gathering Storm, <i>by Winston S. Churchill</i> | |
| 1776, <i>by David McCullough</i> | |
| The Rickover Effect – How One Man Made a Difference, Rockwell | |
| The Peoples Navy, Hagan | |
| Reminiscences of a Sailor, Lejeune | |

RECOMMENDED COMMUNITY READING

| Title | Completed |
|--|-----------|
| Aviation Boatswain's Mate (E) PQS <i>NAVEDTRA 14310</i> | |
| Fluid Power <i>NAVEDTRA 14105</i> | |
| Tools and Their Uses <i>NAVEDTRA 14256</i> | |
| Basic Military Requirements Manual <i>NAVEDTRA 14325</i> | |
| Torque Tools Uses, Care, and Testing <i>NAVEDTRA 17-1-108</i> | |
| U.S. Navy Uniform Regulations <i>NAVPERS 15665</i> | |
| Naval Military Personnel Manual <i>NAVPERS 15560</i> | |
| Enlisted To Officer Programs Manual <i>OPNAVINST 1420.1</i> | |
| U.S. Navy Family Care Policy, Basic Instruction <i>OPNAVINST 1740.4</i> | |
| SAVI <i>OPNAVINST 1752.1</i> | |
| Drug and Alcohol Abuse Prevention and Control <i>OPNAVINST 2530.4</i> | |
| Navy SORM <i>OPNAVINST 3120.32</i> | |
| Naval Aviation Maintenance Program (NAMP) <i>OPNAVINST 4790.2</i> | |
| 3M MANUAL <i>OPNAVINST 4790.8</i> | |
| Aircraft Launch and Recovery Equipment Program (ALREMP) <i>OPNAVINST 4790.15</i> | |
| Hazardous Material <i>OPNAVINST P-45-110-91</i> | |
| Navy Safety Manual <i>OPNAVINST 5100.19 Series</i> | |
| Naval Occupational Safety and Health Manual <i>OPNAVINST 5100.23 Series</i> | |
| Physical Readiness Program <i>OPNAVINST 6110.1</i> | |
| Navy and Marine Corps Tobacco Policy <i>SECNAVINST 5100.3</i> | |
| Department of the Navy Policy on Sexual Harassment <i>SECNAVINST 5300.26</i> | |
| Dual Channel Capacity Selector Valve System <i>NAVAIR 51-15ABE-1</i> | |

| | |
|---|--|
| Digital End Speed Indicator (D.E.S.I) <i>NAVAIR 51-15ABE-2</i> | |
| Jet Blast Deflector (JBD) <i>NAVAIR 51-70-13</i> | |
| Deck Gear and Accessories <i>NAVAIR 15-15ABF-1</i> | |
| Intermediate Maintenance Manual w/IPB for all Shipboard CA <i>NAVAIR 51-15ABB-4.1;4.2;4.3</i> | |
| Overhaul Instructions for all Shipboard Steam CAT (DEPOT) <i>NAVAIR 51-15ABD-2</i> | |
| Operational and Organizational/Intermediate Maintenance Manual <i>NAVAIR 51-5-BBA-2.1</i> | |
| Intermediate Maintenance Manual w/ IPB for Shipboard REC <i>NAVAIR 51-5-BBA-2.2</i> | |
| Maintenance and Overhaul Instructions MK 7 MOD 3 <i>NAVAIR 51-5BCA-1.1</i> | |
| Illustrated Parts Breakdown (IPB) for MK7 MOD3 A/G <i>NAVAIR 51-5BCA-1.2</i> | |
| IPB for Nose Gear Launch Equipment MARK 2 MOD 0 <i>NAVAIR 51-25-19</i> | |
| IPB for JBD, MK7 MOD 0, MK7 MOD1, MK7 MOD2 <i>NAVAIR 51-70-3</i> | |
| DECK GEAR <i>Service Bulletins 0-12</i> | |
| Cat Control Station Operation IPB CVN 68-75 <i>NAVAIR 51-15-ABC-4</i> | |
| Naval Air Systems Command Technical Manual Program <i>NAVAIR 00-25-100</i> | |
| Naval Air Systems Command Technical Directive System <i>NAVAIR 00-25-300</i> | |
| Corrosion Control for Shipboard Launch and Recovery Systems <i>NAVAIR 51-5-32</i> | |
| CV NATOPS <i>NAVAIR 00-80T-105</i> | |
| Ground Support Equipment Cleaning and Corrosion Control <i>NAVAIR 17-1-125</i> | |
| Aircraft Launch and Recovery Operations Manual <i>COMNAVAIRLANT/PACINST 13800</i> | |
| Air Department Standard Operating Procedures (SOP) <i>COMNAVAIRLANT/PACINST 3100.4</i> | |

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878
- Command Sponsor and Indoctrination Program OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program GUARD 2000, MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Program OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, Inductees and Fleet Reservists to remain on Active Duty MILPERSMAN 1160-060
- Career Reenlistment Objectives (use latest CREO NAVADMIN)
- Extension of Enlistment MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Awards Manual (SECNAV 1650.1(Series))
- Change in Rank, Rate or Rating MILPERSMAN 1440-010 to 1440-050
- Department of the Navy Correspondence Manual (SECNAV M-5216.5 (Series))
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Naval Performance Evaluation System BUPERSINST 1610.10 (Series)
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C



ALL PAYGRADES
VOLUNTARY EDUCATION



Note: Prior to considering any pursuit of off duty education or program enrollment visit your Navy College Office.
You must complete the Tuition Assistance Workshop before your first course will be approved.

E1- E6: The workshop is available at your Navy College Office
E-7 and above: The Workshop is available at your Navy College Office
or
Complete the online course at the Navy College Website

How do I get started?

You already have. All your training up to this point is part of your Aviation Boatswain’s Mate (Aircraft Launch and Recovery Equipment) Roadmap. Now that you have made the first steps you will need to sit down and formulate a plan. This plan will work best if you start out discussing your options with your Leading Chief Petty Officer, Leading Petty Officer, Mentor, or Career Counselor. They will help you understand all of the basics. Then your next stop is your Navy College Office. The counselors there will be able to help you formalize your plan and make sure that it makes sense for both you and the Navy. To aid you in your conversation with these professionals, here are a few questions that you may want to ask.

What credits do you have? What non-college courses have you taken? Where do you want to go? What field of study, or what kind of degree? What program will help me get there, Traditional or Online, What are my next steps: Transfer credits, Take exams, Have experience evaluated, Then lastly sign up for new courses?

RECOMMENDED OCCUPATIONAL-RELATED ASSOCIATE’S DEGREE FOR AVIATION BOATSWAIN’S MATE (AIRCRAFT LAUNCH AND RECOVERY EQUIPMENT)

| Recommended Associates' degrees for the Aviation Boatswain’s Mate (Aircraft Launch and Recovery Equipment) Rate; |
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RECOMMENDED OCCUPATIONAL-RELATED BACCALAUREATE DEGREE FOR AVIATION BOATSWAIN’S MATE (AIRCRAFT LAUNCH AND RECOVERY EQUIPMENT)

| Recommended Bachelors' degrees for the Aviation Boatswain’s Mate (Aircraft Launch and Recovery Equipment) Rate; |
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| |
| |
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GENERAL INFORMATION ON VOLUNTARY EDUCATION

The Navy College Program & Web Page: <https://www.navycollege.navy.mil>

The Navy College Program (NCP) provides opportunities to Sailors to earn college degrees by providing academic credit for Navy training, work experience, and off-duty education. The NCP mission is to enable Sailors to obtain a college degree while on active duty. In support of the four R's- Recruiting, Readiness, Retention, and Respect, the NCP signifies Navy's commitment to education by improving enlistment appeal, demonstrating Navy service and achieving a college degree are compatible, helping Sailors apply themselves to new situations and challenges and better preparing them for advancement, building up Sailors' self-image, and producing higher quality Sailors.

Navy College Program Distance Learning Program (NCPDLP)

The Navy College Program (NCP) has developed partnerships with colleges and universities to offer rating relevant degrees via distance learning to Sailors everywhere. These new education partnerships provide associates and bachelors degree programs relevant to each rating, and make maximum use of military professional training and experience to fulfill degree requirements. The program also provides opportunities to take courses through distance learning so that Sailors anywhere will be able to pursue a degree. Courses are offered in a variety of formats, such as CD-ROM, videotape, paper, or over the Internet. Contact your Navy College Office or the Navy College Center about degree programs available from your partnership schools.

Servicemembers Opportunity College Navy (SOCNAV): <http://www.soc.aascu.org/socnav>.

SOCNAV consists of accredited colleges offering specific associate and bachelors degrees to Navy members worldwide through resident courses or distance learning. Colleges taking part in each curriculum area guarantee acceptance of each other's credits for transfer. The "home" college issues an official evaluation of all prior learning on a SOCNAV Agreement. This agreement serves as the student's long range degree plan. Why become a SOCNAV student? SOCNAV colleges offer degrees in many different areas (called networks). Students do not lose credits; transferability of courses within the same network is guaranteed from one SOCNAV college to another. Required residency is kept to a minimum. Many SOCNAV networks are closely related to Navy ratings, resulting in maximum awarding of credit for Navy training.

Tuition Assistance(TA):

TA provides funds for eligible active-duty personnel to attend approved educational institutions on an off-duty basis to earn a high school diploma, vocational/technical certificate, or college degree. TA pays for tuition and fees directly associated with the course of instruction. TA will pay for the following amounts per fiscal year: 16 semester hours, not-to-exceed \$250/credit or 24 quarter hours, not-to-exceed \$166.67/credit or a combination of semester and quarter hours.

Sailor Marine American Council On Education Registry Transcripts (SMART)

SMARTs are official military transcripts which are used by colleges to validate your actual credited training. Every Sailor has a transcript already and access to it is free. More information is available online at: www.cnet.navy.mil.

The American Council on Education (ACE)

ACE has reviewed every course listed in the OCCUPATIONAL Roadmap and determined what type of collegiate level credit is recommended. The ACE identifier, listed with each course, is a source to validate the information and to check for changes as they occur. Updates can be found at <http://www.militaryguides.acenet.edu>.

Vocational Certificates

Vocational Certificates are available from most community colleges. Most of your military training can be counted toward their degree programs, but they will still require residency credits and approximately 40-75 credit hours. These certificates can be as valuable as the apprenticeship program in the civilian work force.

College credits by Testing CLEP, DSST

Testing can replace the requirement to attend most of the college courses listed in the Occupational Roadmap. Base Education Centers offer CLEP and DSST exams for active duty military at no cost. They also offer a comprehensive list of "credit-by-exam" tests. Additionally, many of the tests have study guides available. These tests are available at the base education center or through the base library system.

DANTES (DSST) http://www.dantes.doded.mil/DANTES_WEB/EXAMINATIONS/DSST.htm

CLEP Exams <http://www.collegeboard.com/student/testing/clep/about.html>

SAMPLE DEGREE PLAN



A.S. INDUSTRIAL MANAGEMENT TECHNOLOGY

RATING:

Other Degree Requirements: *Remediation / SLS / Pre-reqs if Needed*
Residency: 25% coursework must be completed at FCCJ (in-class or DL).

| ~ School Degree Information ~ | | | | | | | | |
|---|----------------|----------------|-----|---------|---------|-----------|----|----------------|
| COURSE NUMBER/TITLE | CREDITS NEEDED | SERVICE SCHOOL | MOS | CLEP | DSST | EXCELSIOR | DL | SOC CRS. Cat.# |
| ~GENERAL EDUCATION | | | | | | | | |
| ENC 1101 - English Composition I | 3 | | - | ENC1101 | - | ENC1101 | Y | EN024A |
| Social Science | 3 | | - | Y | Y | Y | Y | TBD |
| Mathematics | 3 | | - | Y | Y | - | Y | TBD |
| Humanities | 3 | | - | Y | Y | - | Y | TBD |
| Natural Science | 3 | | - | Y | Y | Y | Y | TBD |
| ~PROFESSIONAL COURSES | | | | | | | | |
| MAN 2021 - Principles of Management | 3 | E7-E9 | | MAN2021 | | | Y | MG101A |
| BCN2732: OSHA Safety | 3 | | | | | | N | ET069A |
| GEB 1011 - Introduction to Business | 3 | | | | GEB1011 | | Y | BU001A |
| OST1581: Professional Development in the Work Environment | 3 | | | | | | Y | |
| MAN2125: Supervision & Performance Improvement | 3 | | | | | | Y | |
| ENC2210: Technical Report Writing | 3 | | | | | | Y | EN032A |
| CGS 1100 - Microcomputer Applications | 3 | E6-E9 | | | | | Y | OF033A |
| ~PROFESSIONAL ELECTIVES - minimum 24 hours | | | | | | | | |
| | E3 | E4 | E5 | E6 | E7 | E8 | E9 | |
| ACE Recommended from MOS / Rate: | | | | | | | | |
| Military Credits | 7 | 13 | 13 | 17 | 16 | 16 | 16 | |
| Credit from Service School: | | | | | | | | |
| Recruit Training | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| A-School (if attended) | | | | | | | | |
| C-Schools (if attended) | | | | | | | | |
| Credit based on individual evaluation | | | | | | | | |
| Total Elective Hours | 9 | 15 | 15 | 19 | 18 | 18 | 18 | |
| Total Credits Awarded * | 9 | 15 | 15 | 22 | 24 | 24 | 24 | |
| TOTAL CREDITS NEEDED (60 s.h.) | 51 | 45 | 45 | 38 | 36 | 36 | 36 | |

* **Disclaimer:** Please be aware that this is a sample and a Sailor's actual credit awarded may vary depending on the ACE recommendation in effect at the time of their training. This is an unofficial preview of how credit from prior learning and military experience may be applied toward this degree option. It is subject to change upon official evaluation by Florida Community College, Military Education Institute (800) 700-2795, military@fccj.edu.

Florida Community College
Military Education Institute
601 West State Street
Jacksonville, FL 32202
800-700-2795 **FAX: 904-632-5073**
Email: military@fccj.edu

REFERENCES

Navy Enlisted Learning and Development Programs:

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- Master Training Specialists (MTS) NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

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- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Reenlistment Leave MILPERSMAN 1050-040
- Required Counseling upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Conversion and Reenlistment (SCORE) Program MILPERSMAN 1160-090
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770 to 1770-250
- Disability Retirement MILPERSMAN 1850-020 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Household Goods and Personal Property (PCS and Retirees) MILPERSMAN 4050-010 to 020
- Permissive Temporary Duty (PTDY) MILPERSMAN 1320-220
- Transition Assistance Management Program OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Drug Abuse MILPERSMAN 1910-146
- Early release to further education MILPERSMAN 1910-108
- Enlisted Administrative Separation Policy MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) AC MILPERSMAN 1160-120 / RC 1160-130
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Personality Disorder MILPERSMAN 1910-122
- Physical Fitness Assessment Failure MILPERSMAN 1910-170
- Serious Offense MILPERSMAN 1910-142
- Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement BUPERSINST 1430.16(series)
- Accelerated Advancement MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with the Armed Forces Classification Test version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Navy Voluntary Education Program (Navy Campus) OPNAVINST 1560.9(series)
- Tuition Assistance Management Controls NAVADMIN 161/07 / NETC LTR Execution Guidelines 1560 Ser N00178, Aug 07
- Navy Credentialing Program OPNAVINST 1540.56
- Uniformed Services Military Apprenticeship Programs OPNAVINST 1560.10(series)

Other Quick References:

- Change in Rank, Rate or Rating MILPERSMAN 14440-010 to 1440-050
- Drug and Alcohol Prevention Control Program OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.21(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-390
- Overseas tour Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian reasons (HUMS) MILPERSMAN 1300-500
- Standard Policy and Procedures for the Active Duty for Special Work (ADSW) & 1 year Recall Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C